

Ephesians – Lesson 1

Key Scripture: **Eph. 1:17-18** - I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. ¹⁸ I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people,

Session Goals

- To help us grow closer to God
- To help us love others
- To understand what God is calling us to do
- To be the church that God calls us to be

Open

List some things you can do to know God better.

Proverbs 2:3–6 - indeed, if you call out for insight and cry aloud for understanding, ⁴ and if you look for it as for silver and search for it as for hidden treasure, ⁵ then you will understand the fear of the LORD and find the knowledge of God. ⁶ For the LORD gives wisdom; from his mouth come knowledge and understanding.

View: Watch the Video

Discussion

How can you know God better?

1. How do you love God and then love others?
2. How often do you pray for wisdom and discernment?
3. How much time in a day do you spend getting to know God better?
4. What does it mean to you to be a child of God?
5. How much effort do you put forth in loving all people?
6. How comfortable are you in inviting people to come to Jesus?

Bible Exploration

- We have been chosen and adopted by the Father (1:4-6).
- We have been redeemed by the Son (1:7-12).
- We have been sealed with the Holy Spirit (1:13-14).
- We have been given resurrection power (1:19).
- We have been given eyes to see the lordship of Jesus Christ (1:15-23).

God called us to this

Read Galatians 5:13

Read Colossians 3:15

Read 1 Peter 2:20–21

Read Philippians 3:14

What does this mean to you?

Ephesians 1:14

1 Peter 1:4–5

What we will receive

Philippians 3:20–21

Revelation 7:9–10

1. Paul announced that the Gospel was for the Gentiles as well, what does that mean to you?
2. What does “We are Canvas Christian Church- where every life is a canvas and every life matters to God” mean to you?
3. Are you willing to spend time with people who do not look or maybe sound like you?

A simple question – Do the things that break the heart of God, break yours?

Deeper Walk: Apply it Challenge

- 1. Let someone this week know you love them**
 - a. Send them a card, an email, or a text.
 - b. Do something special for them and let them know how much you appreciate them.
 - c. Ask for nothing in return from them.
- 2. Do something this week to let God know how much you love Him.**
 - a. Do something that you know God would want you to do.
 - b. Thank Him for giving you the opportunity to do it- and do it to the best of your ability.
- 3. Begin to build a relationship with someone who does not look or maybe does not speak like you.**
 - a. You will have to get out of your friendship circle to accomplish this.
 - b. Invite them to your home or to an activity.
 - c. Invite them to your church.
- 4. Serve Someone**
 - a. Meet the needs of someone you don't really know.

- b. Tell them Jesus called you to do it.
- c. Ask for nothing in return.
- d. If they are willing, listen to their story.