

And he gave unto Moses, when he had made an end of communing with him upon mount Sinai, two tables of testimony, tables of stone, written with the finger of God.



Exodus 31:18

And it came to pass, as soon as he came nigh unto the camp, that he saw the calf, and the dancing: and Moses' anger waxed hot, and he cast the tables out of his hands, and brake them beneath the mount. **Exodus 32:19**

And the Lord said unto Moses, Hew thee two tables of stone like unto the first: and I will write upon these tables the words that were in the first tables, which thou brakest.



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- God brought forth Water from a rock when they were thirsty (Exodus 17)

And he hewed two tables of stone like unto the first; and Moses rose up early in the morning, and went up unto mount Sinai, as the Lord had commanded him, and took in his hand the two tables of stone. Exodus 34:4

5 And the Lord descended in the cloud, and stood with him there, and proclaimed the name of the Lord.



6 And the Lord passed by before him, and proclaimed, The Lord, The Lord God, merciful and gracious, longsuffering, and abundant in goodness and truth,



7 Keeping mercy for thousands, forgiving iniquity and transgression and sin, and that will by no means clear the guilty; visiting the iniquity of the fathers upon the children, and upon the children's children, unto the third and to the fourth generation.



8 And Moses made haste, and bowed his head toward the earth, and worshipped.



9 And he said, If now I have found grace in thy sight, O Lord, let my Lord, I pray thee, go among us; for it is a stiffnecked people; and pardon our iniquity and our sin, and take us for thine inheritance.



28 And he was there with the Lord forty days and forty nights; he did neither eat bread, nor drink water. And he wrote upon the tables the words of the covenant, the ten commandments.



29 And it came to pass, when Moses came down from mount Sinai with the two tables of testimony in Moses' hand, when he came down from the mount, that Moses wist not that the skin of his face shone while he talked with him.



30 And when Aaron and all the children of Israel saw Moses, behold, the skin of his face shone; and they were afraid to come nigh him.



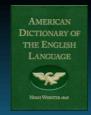
31 And Moses called unto them; and Aaron and all the rulers of the congregation returned unto him: and Moses talked with them. **Exodus 34:31**



32 And afterward all the children of Israel came nigh: and he gave them in commandment all that the Lord had spoken with him in mount Sinai.



What is mercy?

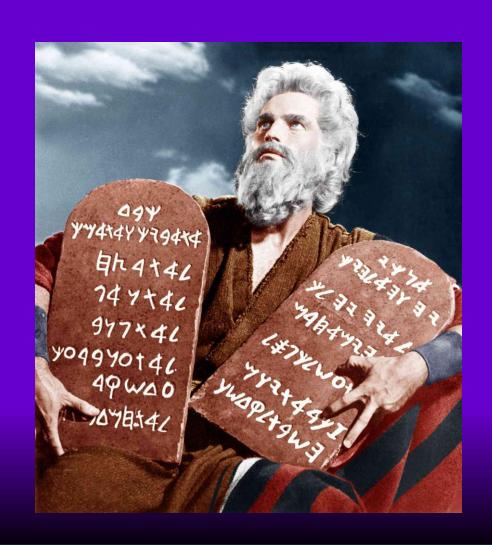


Websters 1828 Dictionary

Mercy — ...to treat an offender better than he deserves; the disposition that tempers justice, and induces an injured person to forgive trespasses and to forbear punishment...

Things To Do

Read and teach your family the story of the first Yom Kippur with Moses and the 10 Commandments



Therefore if thou bring thy gift to the altar, and there rememberest that thy brother hath ought against thee; 24 Leave there thy gift before the altar, and go thy way; first be reconciled to thy brother, and then come and offer thy gift.



Matthew 5:23-24

29 And this shall be a statute for ever unto you: that in the seventh month, on the tenth day of the month, ye shall afflict your souls, and do no work at all, whether it be one of your own country, or a stranger that sojourneth among you:



Leviticus 16:29-31

30 For on that day shall the priest make an atonement for you, to cleanse you, that ye may be clean from all your sins before the Lord. Leviticus 16:29-31

31 It shall be a sabbath of rest unto you, and ye shall afflict your souls, by a statute for ever.



Leviticus 16:29-31

For whatsoever soul it be that shall not be afflicted in that same day, he shall be cut off from among his people. 30 And whatsoever soul it be that doeth any work in that same day, the same soul will I destroy from among his people.



Leviticus 23:29-32

31 Ye shall do no manner of work: it shall be a statute for ever throughout your generations in all your dwellings.



Leviticus 23:29-32

32 It shall be unto you a sabbath of rest, and ye shall afflict your souls: in the ninth day of the month at even, from even unto even, shall ye celebrate your sabbath.



Leviticus 23:29-32

Fasting



- No food or beverages from sundown to sundown. Only water. LOTS OF WATER
- Children under the age of 9 typically don't fast

Fasting

"autophagy... protects against genome instability and prevents necrosis, giving it a key role in preventing diseases such as cancer, neurodegeneration, cardiomyopathy, diabetes, liver disease, autoimmune diseases and infections."

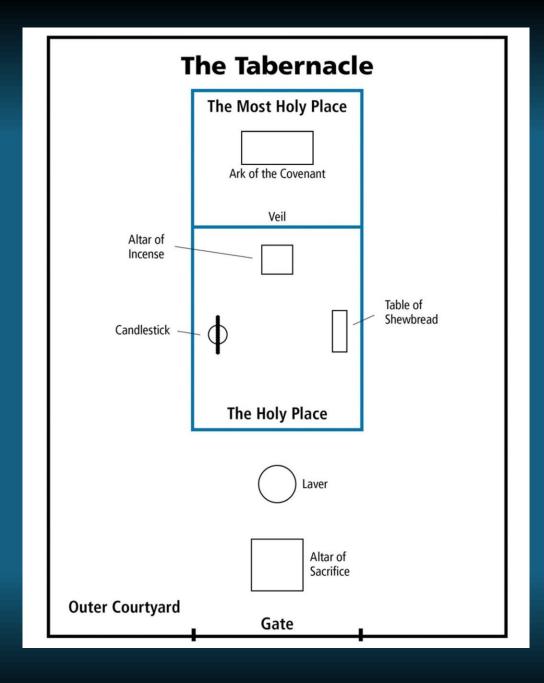


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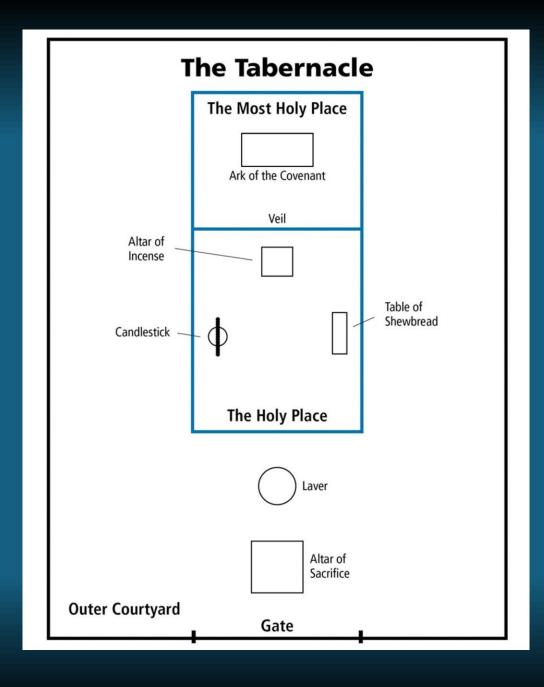
Fast on Yom Kippur.
Teach your family
why we do it.



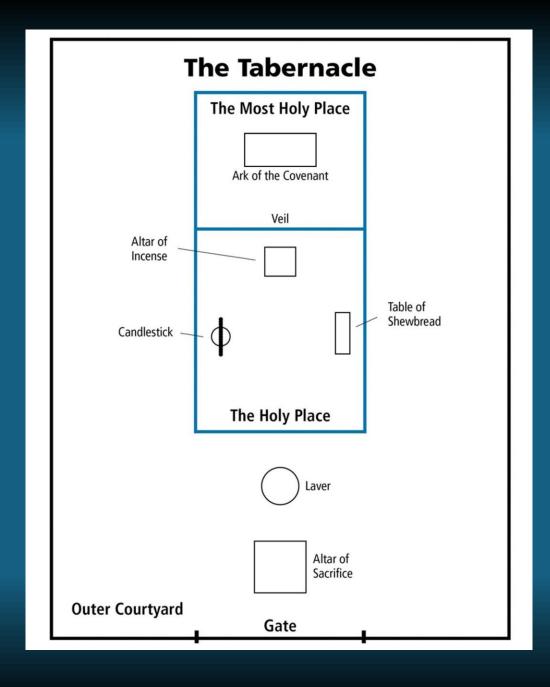
Outer Courtyard — Altar of Sacrifice, Laver

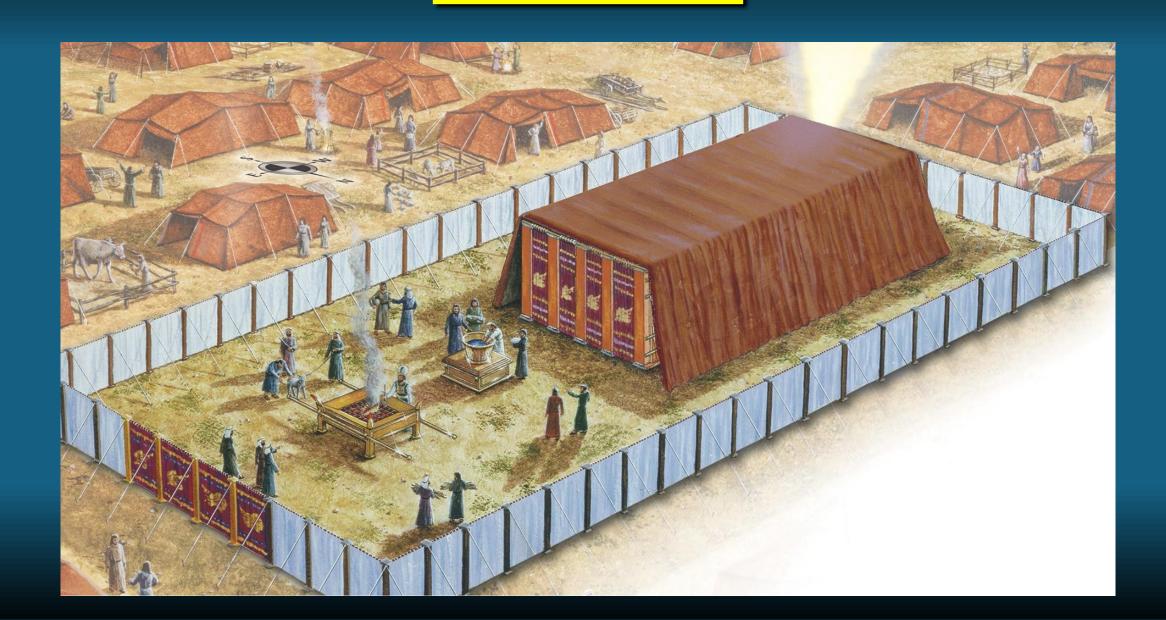


Outer Courtyard – Altar of Sacrifice, Laver Holy Place – Table of Shewbread, Altar of Incense and Menorah



Outer Courtyard – Altar of Sacrifice, Laver Holy Place – Table of Shewbread, Altar of Incense and Menorah Holy of Holies – Ark of the Covenant, Mercy Seat





1 And Nadab and Abihu, the sons of Aaron, took either of them his censer, and put fire therein, and put incense thereon, and offered strange fire before the Lord, which he commanded them not. Leviticus 10:1-3

2 And there went out fire from the Lord, and devoured them, and they died before the Lord. 3 Then Moses said unto Aaron, This is it that the Lord spake, saying, I will be sanctified in them that come nigh me, and before all the people I will be glorified. And Aaron held his peace.



Leviticus 10:1-3

1 And the Lord spake unto Moses after the death of the two sons of Aaron, when they offered before the Lord, and died;



2 And the Lord said unto Moses, Speak unto Aaron thy brother, that he come not at all times into the holy place within the vail before the mercy seat, which is upon the ark; that he die not: for I will appear in the cloud upon the mercy seat.



5 And he shall take of the congregation of the children of Israel two kids of the goats for a sin offering, and one ram for a burnt offering.



6 And Aaron shall offer his bullock of the sin offering, which is for himself, and make an atonement for himself, and for his house.



7 And he shall take the two goats, and present them before the Lord at the door of the tabernacle of the congregation. 8 And Aaron shall cast lots upon the two goats; one lot for the Lord, and the other lot for the scapegoat.



9 And Aaron shall bring the goat upon which the Lord's lot fell, and offer him for a sin offering.



10 But the goat, on which the lot fell to be the scapegoat, shall be presented alive before the Lord, to make an atonement with him, and to let him go for a scapegoat into the wilderness.



20 And when he hath made an end of reconciling the holy place, and the tabernacle of the congregation, and the altar, he shall bring the live goat:



21 And Aaron shall lay both his hands upon the head of the live goat, and confess over him all the iniquities of the children of Israel, and all their transgressions in all their sins, putting them upon the head of the goat, and shall send him away by the hand of a fit man into the wilderness:



All we like sheep have gone astray; we have turned every one to his own way; and the Lord hath laid on him the iniquity of us all. Isaiah 53:6

22 And the goat shall bear upon him all their iniquities unto a land not inhabited: and he shall let go the goat in the wilderness.





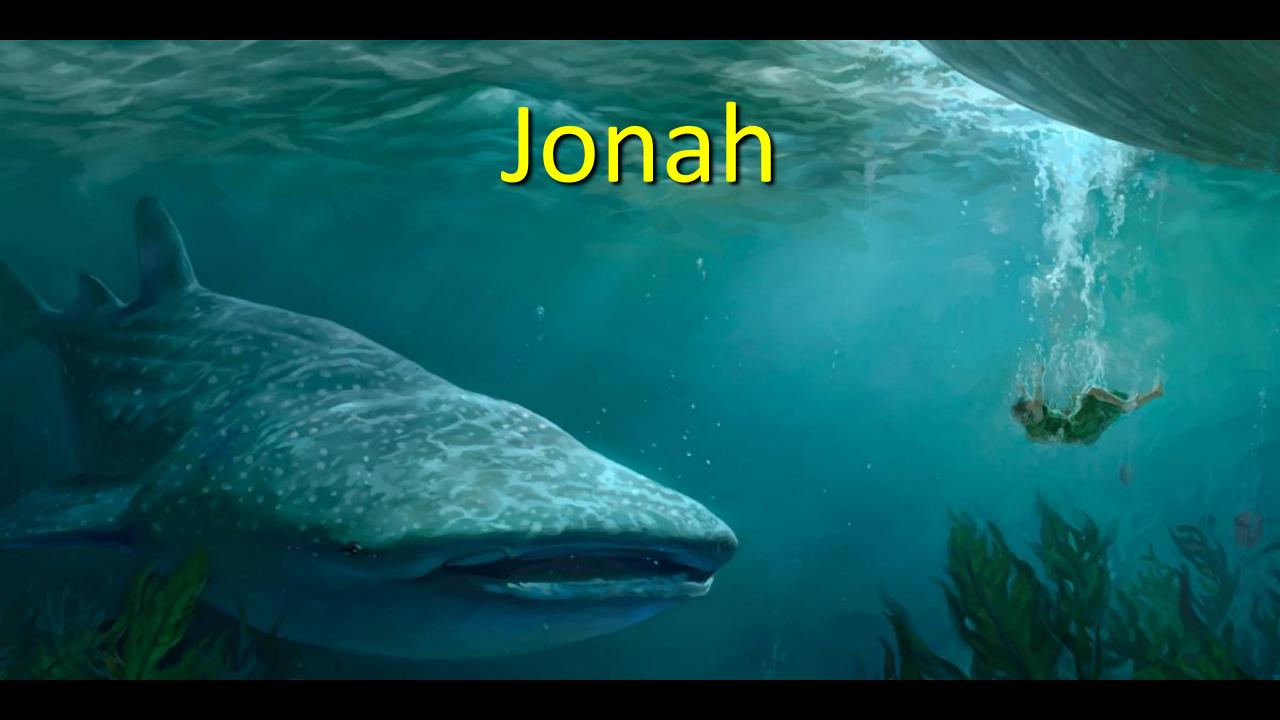
Come now, and let us reason together, saith the Lord: though your sins be as scarlet, they shall be as white as snow; though they be red like crimson, they shall be as wool.



Isaiah 1:18







Things To Do

Read the Book of Jonah



