



NEWLIFE
CHRISTIAN CHURCH



MAN UP

GODS WAY

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“No Excuses...”

John 5:1-15 (NKJV)

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5 After this there was a feast of the Jews, and Jesus went up to Jerusalem. ² Now there is in Jerusalem by the Sheep *Gate* a pool, which is called in Hebrew, Bethesda, ^[a] having five porches. ³ In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water. ⁴ For an angel went down at a certain time into the pool and stirred up the water; then whoever stepped in first, after the stirring of the water, was made well of whatever disease he had. ^[b]

John 5:1-15 (NKJV)

⁵ Now a certain man was there who had an infirmity thirty-eight years. ⁶ When Jesus saw him lying there, and knew that he already had been *in that condition* a long time, He said to him, “Do you want to be made well?”

John 5:1-15 (NKJV)

⁷ The sick man answered Him, “Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me.”

⁸ Jesus said to him, “Rise, take up your bed and walk.” ⁹ And immediately the man was made well, took up his bed, and walked. And that day was the Sabbath. ¹⁰ The Jews therefore said to him who was cured, “It is the Sabbath; it is not lawful for you to carry your bed.”

John 5:1-15 (NKJV)

¹¹ He answered them, “He who made me well said to me, ‘Take up your bed and walk.’”

¹² Then they asked him, “Who is the Man who said to you, ‘Take up your bed and walk’?” ¹³ But the one who was healed did not know who it was, for Jesus had withdrawn, a multitude being in *that* place.

John 5:1-15 (NKJV)

¹⁴ Afterward Jesus found him in the temple, and said to him, “See, you have been made well. Sin no more, lest a worse thing come upon you.”

¹⁵ The man departed and told the Jews that it was Jesus who had made him well.

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**1.) DON'T LET YOUR
ENVIRONMENT DEFINE YOU!**

Vs. 3-5

3 In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water. 4 For an angel went down at a certain time into the pool and stirred up the water; then whoever stepped in first, after the stirring of the water, was made well of whatever disease he had. 5 Now a certain man was there who had an infirmity thirty-eight years.

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2.) STOP WITH THE EXCUSES!

Vs. 6-7

6 When Jesus saw him lying there, and knew that he already had been in that condition a long time, He said to him, “Do you want to be made well?”

7 The sick man answered Him, “Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me.”

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**3.) TAKE THE INITIATIVE &
BE INTENTIONAL!**

Vs. 8-9

8 Jesus said to him, "Rise, take up your bed and walk." 9 And immediately the man was made well, took up his bed, and walked. And that day was the Sabbath.

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**4.) BE PREPARED FOR
NAYSAYERS!**

Vs. 10–15

10 The Jews therefore said to him
who was cured, “It is the
Sabbath; it is not lawful for you to
carry your bed.”

11 He answered them, “He who
made me well said to me, ‘Take
up your bed and walk.’”

12 Then they asked him, “Who is the Man who said to you, ‘Take up your bed and walk’?” 13 But the one who was healed did not know who it was, for Jesus had withdrawn, a multitude being in that place. 14 Afterward Jesus found him in the temple, and said to him, “See, you have been made well. Sin no more, lest a worse thing come upon you.”

15 The man departed and told the Jews that it was *Jesus who had made him well*.



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