

# Victory Over Worry

## [Philippians 4:4-7 \(NIV\)](#)

4 Rejoice in the Lord always. I will say it again: Rejoice! 5 Let your gentleness be evident to all. The Lord is near. 6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

- vs.6 Do not be anxious about anything.
- Rejoice: grk. Χαίρετε. to rejoice, be glad.
- I will say it again: Rejoice!
- vs.5 Let your gentleness be evident to all.
- vs.5. The Lord is near.
- vs.6: In every situation, by prayer and petition, with thanksgiving, present your requests to God. In the Grk., we have 3 nouns and a verb.
  - Prayer
  - Petition
  - Thanksgiving
  - Present
- More advice: Do not fret [Psalm 37:5](#) Commit your way to the Lord; trust in him and he will do this: 6 He will make your righteous reward shine like the dawn, your vindication like the noonday sun.