

# Community Garden: Growing from the ground up



First, watch  
this week's  
video!

**Humility:**  
Putting others  
first by giving up  
what you think  
you deserve

### Memory Verse

"Don't do anything  
only to get ahead.  
Don't do it because  
you are proud.  
Instead, be humble.  
Value others more  
than yourselves."  
Philippians 2:3, NIV

### Bible Story

Being Humble  
Like Jesus  
Philippians 2:3-8

### Bottom Line

Put others first  
because Jesus  
put you first.

Use this guide to help your family learn  
how God can help us have humility.

## Activity

### Cross Creation

#### What You Need:

Paper coffee filter, scissors, water-based markers, spray bottle full of water, paper towels

#### What You Do:

Invite your child to join you for an activity. Cut the shape of a cross out of the coffee filter.

Set out the markers, and encourage your child to fill their cross with only three or four different colors. (Put a few paper towels under their cross to protect the table.) As they work, talk about the Bible story.

When your child finishes, have them lay their cross on a flat, covered surface—again, with paper towels underneath. Help them spray the cross with two to three sprays of water. Be prepared for "oohs" and "aahs" as they watch the colors bleed and blend!

## Talk About the Bible Story

How did Jesus put us first? (*He died for us on the cross.*)

How could you put people in your family first?

How could you put people at school first?

Who is someone that you'd like to work on putting first this week?

*Tell your child a way that you'll pay attention to what other people need and find ways to put THEM first. For example, you might let a co-worker choose where to go for lunch, take a meal to a sick neighbor, or volunteer at a local shelter.*



## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, thank You for loving us more than we could EVER imagine. You love us SO much that You sent Jesus to be our Savior. Help us to follow Jesus' example. Help us to be humble and put others first, because we remember how Jesus put US first. We love You! In Jesus' name we pray, amen."