

Kindness is showing others they are valuable by how you treat them.

Read: Ephesians 4:32

DAY
1

VIP



A VIP is a Very Important Person. Because of Jesus, we all get a VIP title. We can show others they are a VIP when we spend time with them. Jesus spent time with children, tax collectors, and others who were seen as different. With your adult's permission, invite a friend over or plan a park date and make them feel important. Think about ways that you can make them feel like a VIP. You can bring a toy to share or their favorite snack.

KNOW that when you show others Jesus' love, it helps them see Jesus.

DAY
2

Picture Kindness

Draw a picture of someone who is always kind to you and how that person makes you feel. Write some words around your picture that can describe how you feel when that person is around. Put those good thoughts and feelings to use to show others kindness.

ASK God to help you be kind to others.

DAY
3

Be Kind

Ephesians 4:32 reminds us to be kind to one another and forgive because of what Jesus did for us when He died on the cross. Make up motions to this week's verse. Use the motions to help you learn this verse and teach others!

LOOK for ways that you can be kind and forgiving.

DAY
4

Speak Kindness

Jesus always spoke truth and was kind to those He was with. Let's talk to God and ask for help to do the same. You can pray a prayer like this:

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 "Dear God, thank You for sending Jesus to be an example of how to show truth and kindness to others. Help me learn from this example and treat others the way that You would treat them. Help me to love others like You. Amen."  
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THANK God for Jesus' example of kindness and love.



Jesus showed us how to be kind.

