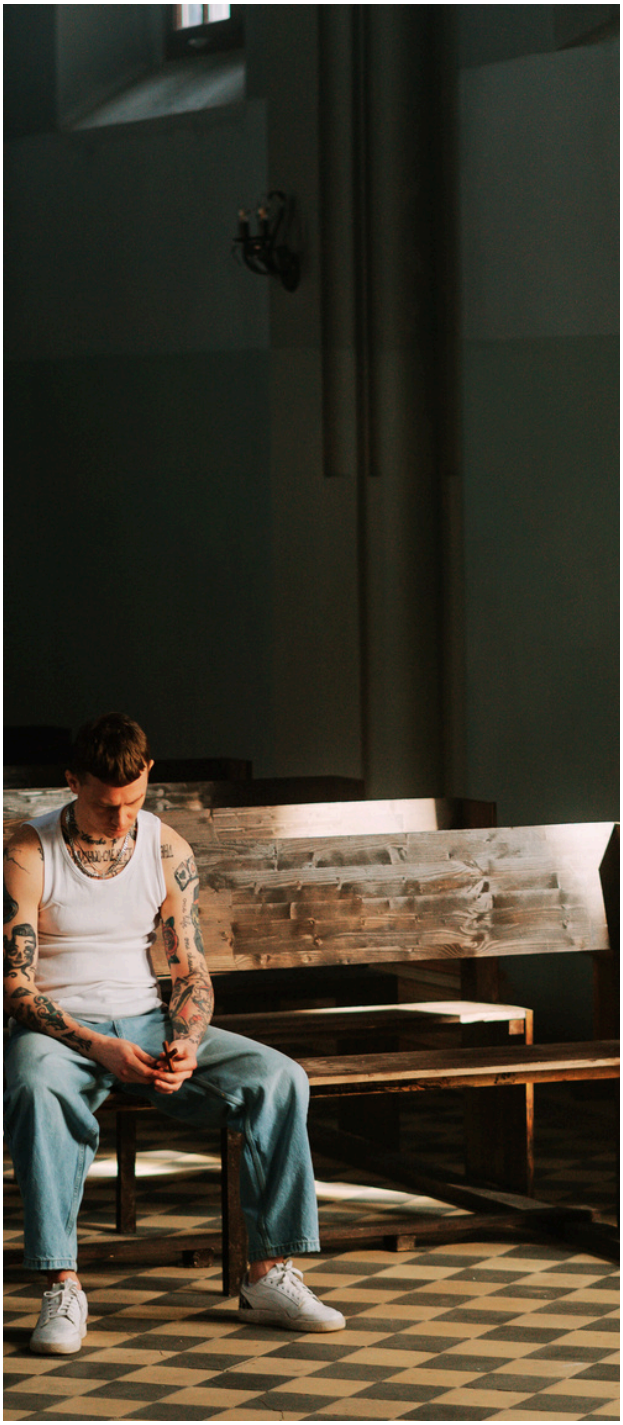
# SESSION TWO: TAKING RESPONSIBILITY



Breaking Free
A JOURNEY TO FREEDOM

## Lesson Overview

**Video Time: 09:52**

**Topics Covered:**

- Understanding that you are in a spiritual battle for your soul.
- Recognizing your role in breaking free from sin.
- Understanding your identity in Christ.

**Reflection Questions:**

- What areas of your life have you avoided taking responsibility for?
- How do you view yourself: as a sinner or a saint? How have you lived that out?
- What does it mean to you to be a new creation in Christ?
- In what ways have you explained away or minimized the seriousness of this battle?

**Inspiration:**

2 Corinthians 5:17 • Therefore, if anyone is in Christ, the new creation has come.
Ephesians 6:12 • For we do not wrestle against flesh and blood.

**Action Step:**

Write declarations of your identity in Christ to recite daily.