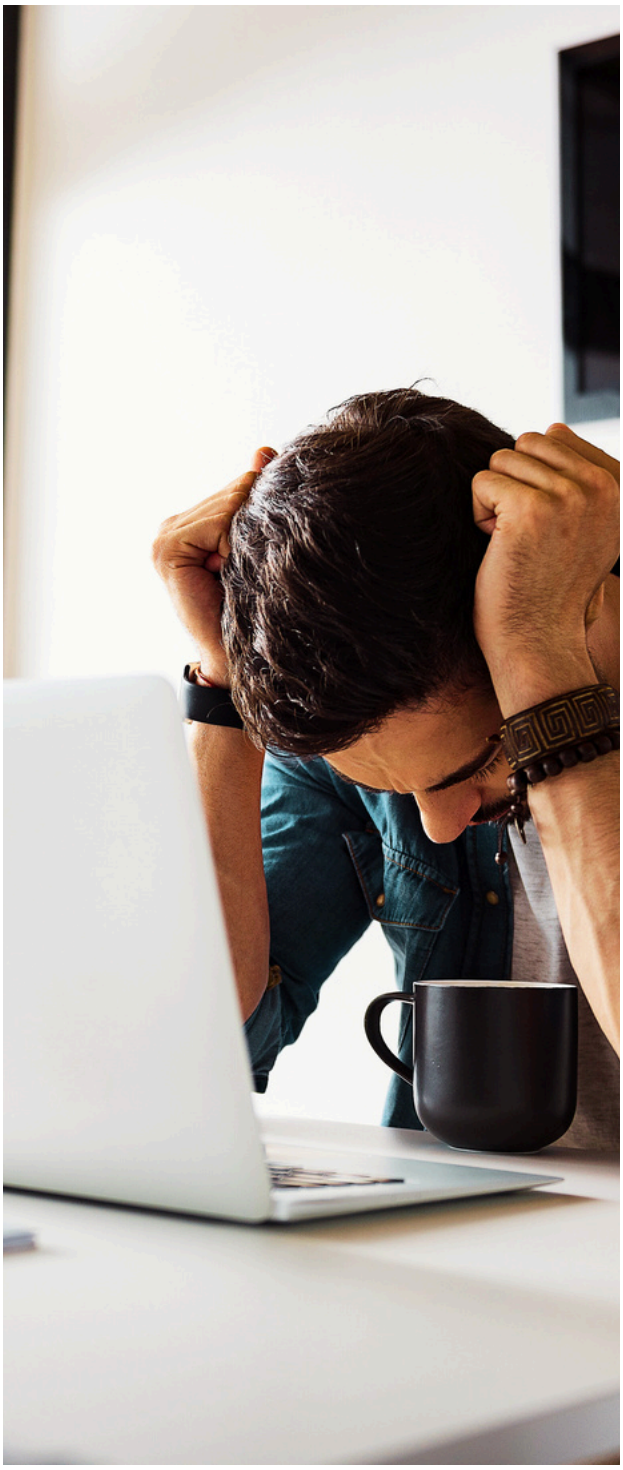
# SESSION THREE: THE DANGERS OF PORN



## Lesson Overview

**Video Time: 25:17**

**Topics Covered:**

- How pornography harms real people.
- How pornography shapes the mind and heart and weakens spiritual discernment.

**Reflection Questions:**

- How have you viewed pornography in the past, and what shaped that view?
- What influence has pornography had on your emotions, relationships, or spiritual life?
- What lies has the enemy used to make pornography seem harmless?

**Inspiration:**

Job 31:1 • I have made a covenant with my eyes.

Romans 12:2 • Do not be conformed to this world, but be transformed by the renewal of your mind.

**Action Step:**

Choose one intentional step this week to shut the door on temptation. Write it down, pray over it, and ask the Lord to strengthen your resolve as you pursue freedom.