SESSION NINE: COMMITTED TO BIBLICAL PURITY



Lesson Overview

Video Time: 16:17

Topics Covered:

- Exploring the power of God's Word.
- A call to sexual purity.

Reflection Questions:

- Where do you notice Scripture bringing conviction or comfort in this area of your life?
- Why does pursuing sexual purity honor God?
- What lies have you believed about purity that God may be inviting you to surrender?
- How has masturbation impacted your spiritual walk?

Inspiration:

Psalm 119:11 • I have stored up your word in my heart, that I might not sin against you.
1 Thessalonians 4:3-4 • For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control his own body in holiness and honor.

Action Step:

Utilize the provided Scripture cards to help you replace lies with truth.



Ephesians 5:1-21

Therefore be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

But sexual immorality and all impurity or covetousness must not even be named among you, as is proper among saints.

Let there be no filthiness nor foolish talk nor crude joking, which are out of place, but instead let there be thanksgiving. For you may be sure of this, that everyone who is sexually immoral or impure, or who is covetous (that is, an idolater), has no inheritance in the kingdom of Christ and God. Let no one deceive you with empty words, for because of these things the wrath of God comes upon the sons of disobedience.

Therefore do not become partners with them; for at one time you were darkness, but now you are light in the Lord. Walk as children of light (for the fruit of light is found in all that is good and right and true), and try to discern what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to speak of the things that they do in secret. But when anything is exposed by the light, it becomes visible, for anything that becomes visible is light. Therefore it says, "Awake, O sleeper, and arise from the dead, and Christ will shine on you."

Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery, but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ, submitting to one another out of reverence for Christ.

BREAKING FREE
SCRIPTURE CARDS

Romans 6:1-3

What shall we say then? Are we to continue in sin that grace may abound? By no means! How can we who died to sin still live in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death?

1 Corinthians 5:11

But now I am writing to you not to associate with anyone who bears the name of brother if he is guilty of sexual immorality or greed, or is an idolater, reviler, drunkard, or swindler—not even to eat with such a one.

1 Corinthians 6:9-11

Or do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived: neither the sexually immoral, nor idolaters, nor adulterers, nor men who practice homosexuality,nor thieves, nor the greedy, nor drunkards, nor revilers, nor swindlers will inherit the kingdom of God. And such were some of you. But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and by the Spirit of our God.

1 Corinthians 6:13b-14

The body is not meant for sexual immorality, but for the Lord, and the Lord for the body. And God raised the Lord and will also raise us up by his power.

1 Corinthians 6:18-20

Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.

2 Corinthians 5:14-15

For the love of Christ controls us, because we have concluded this: that one has died for all, therefore all have died; and he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised.

2 Corinthians 5:17

Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.

Galatians 2:20

I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

BREAKING FREE
SCRIPTURE CARDS

Ephesians 2:8-9

For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.

Ephesians 5:5-6

For you may be sure of this, that everyone who is sexually immoral or impure, or who is covetous (that is, an idolater), has no inheritance in the kingdom of Christ and God. Let no one deceive you with empty words, for because of these things the wrath of God comes upon the sons of disobedience.

1 Thessalonians 5:5-7

For you are all children of light, children of the day. We are not of the night or of the darkness. So then let us not sleep, as others do, but let us keep awake and be sober. For those who sleep, sleep at night, and those who get drunk, are drunk at night.

1 Thessalonians 5:8-9

But since we belong to the day, let us be sober, having put on the breastplate of faith and love, and for a helmet the hope of salvation. For God has not destined us for wrath, but to obtain salvation through our Lord Jesus Christ.

1 Thessalonians 5:19-22

Do not quench the Spirit.
Do not despise prophecies, but test everything; hold fast what is good.
Abstain from every form of evil.

1 Thessalonians 5:23-24

Now may the God of peace himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ. He who calls you is faithful; he will surely do it.

2 Thessalonians 3:3-5

But the Lord is faithful. He will establish you and guard you against the evil one. And we have confidence in the Lord about you, that you are doing and will do the things that we command. May the Lord direct your hearts to the love of God and to the steadfastness of Christ.

1 Timothy 1:15-16

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners, of whom I am the foremost. But I received mercy for this reason, that in me, as the foremost, Jesus Christ might display his perfect patience as an example to those who were to believe in him for eternal life.

BREAKING FREE
SCRIPTURE CARDS

Hebrews 10:26-27

For if we go on sinning deliberately after receiving the knowledge of the truth, there no longer remains a sacrifice for sins, but a fearful expectation of judgment, and a fury of fire that will consume the adversaries.

Hebrews 13:4

Let marriage be held in honor among all, and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous.

1 John 1:6-7

If we say we have fellowship with him while we walk in darkness, we lie and do not practice the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.

1 John 1:9

If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

1 John 2:3-6

And by this we know that we have come to know him, if we keep his commandments. Whoever says "I know him" but does not keep his commandments is a liar, and the truth is not in him, but whoever keeps his word, in him truly the love of God is perfected. By this we may know that we are in him: whoever says he abides in him ought to walk in the same way in which he walked.

1 John 2:15-17

Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world—the desires of the flesh and the desires of the eyes and pride of life—is not from the Father but is from the world. And the world is passing away along with its desires, but whoever does the will of God abides forever.

1 John 2:28-29

And now, little children, abide in him, so that when he appears we may have confidence and not shrink from him in shame at his coming. If you know that he is righteous, you may be sure that everyone who practices righteousness has been born of him.

1 John 3:4-6

Everyone who makes a practice of sinning also practices lawlessness; sin is lawlessness. You know that he appeared in order to take away sins, and in him there is no sin. No one who abides in him keeps on sinning; no one who keeps on sinning has either seen him or known him.

BREAKING FREE
SCRIPTURE CARDS

1 John 3:7-8

Little children, let no one deceive you. Whoever practices righteousness is righteous, as he is righteous. Whoever makes a practice of sinning is of the devil, for the devil has been sinning from the beginning. The reason the Son of God appeared was to destroy the works of the devil.

1 John 3:9-10

No one born of God makes a practice of sinning, for God's seed abides in him; and he cannot keep on sinning, because he has been born of God. By this it is evident who are the children of God, and who are the children of the devil: whoever does not practice righteousness is not of God, nor is the one who does not love his brother.

1 John 5:1-2

Everyone who believes that Jesus is the Christ has been born of God, and everyone who loves the Father loves whoever has been born of him. By this we know that we love the children of God, when we love God and obey his commandments.

1 John 5:3-4

For this is the love of God, that we keep his commandments. And his commandments are not burdensome. For everyone who has been born of God overcomes the world. And this is the victory that has overcome the world—our faith.

1 John 5:18-19

We know that everyone who has been born of God does not keep on sinning, but he who was born of God protects him, and the evil one does not touch him. We know that we are from God, and the whole world lies in the power of the evil one.

Revelation 1:4b-6

Grace to you and peace from him who is and who was and who is to come, and from the seven spirits who are before his throne, and from Jesus Christ the faithful witness, the firstborn of the dead, and the ruler of kings on earth. To him who loves us and has freed us from our sins by his blood and made us a kingdom, priests to his God and Father, to him be glory and dominion forever and ever. Amen.

Revelation 21:8

But as for the cowardly, the faithless, the detestable, as for murderers, the sexuallyimmoral, sorcerers, idolaters, and all liars, their portion will be in the lake that burns with fire and sulfur, which is the second death.

Revelation 22:11-13

Let the evildoer still do evil, and the filthy still be filthy, and the righteous still do right, and the holy still be holy. Behold, I am coming soon, bringing my recompense with me, to repay each one for what he has done. I am the Alpha and the Omega, the first and the last, the beginning and the end.

BREAKING FREE
LIE VS TRUTH CARDS

Lie: Porn isn't adultuery!

Truth: There are many types of adultery. Porn is adultery of the heart.

Lie: I can't commit adultery if I am not married.

Truth: Adultery is breaking God's law of purity. This can happen when you aren't married.

Lie: I can moderate my porn use.

Truth: Sin doesn't have a stop sign, so I must work hard to kill the sin in my life.

Lie: I will always struggle with Porn.

Truth: Jesus came to free me from my sins. In Christ, I don't have to love sin any longer.

Lie: My brain automatically wants to sin.

Truth: I can't blame my brain for sin. I need to take responsibility for my actions.

Lie: I will never be free from porn.

Truth: I need to change what I love, and I love Jesus and will no longer bend a knee to sin.

Lie: I will always struggle with porn.

Truth: I will not always struggle with porn. I struggle towards righteousness.

Lie: I have sinned too much. God won't forgive me.

Truth: Jesus died to save sinners and turn them away from their sins towards holiness.

BREAKING FREE
LIE VS TRUTH CARDS

Lie: I have done porn for so long, that I will always do it.
Truth: Jesus transforms sinners into saints, that is what He does.

Lie: I will never be free.
Truth: Jesus can free me. He is the only one who offers freedom.

Lie: I want to stop, but I can't.
Truth: Jesus will give me the desires of my heart. I want to please Him now.

Lie: It's too hard to stop porn.
Truth: I used to be a sinner who loved sin. Now I am a saint and will learn to hate my sin.

Lie: I can love Jesus and still look at porn.
Truth: To love Jesus, I must obey Him. True love is giving up my sin.

Lie: Jesus understands if I can't stop looking at porn.
Truth: Jesus will not share His glory with another.

Lie: I can love Jesus and porn.
Truth: Porn is behavior of worshiping a false god.

Lie: Porn isn't that bad.
Truth: Porn is viewing acts of prostitution. It is against God's law and rebellion against Him.

BREAKING FREE
LIE VS TRUTH CARDS

Lie: Everyone does porn.

Truth: Not everyone looks at porn. Those who love Jesus more than sin - choose not to look at porn.

Lie: My sinful state will always control me.

Truth: Jesus came to give me freedom. Freedom from sin.

Lie: It doesn't matter if I look at porn.

Truth: The sexually immoral will not inherit the Kingdom of God.

Lie: If porn were that bad, it wouldn't be on the internet.

Truth: The sinful world loves sin and pleasure, so they justify it.

Lie: If porn were that bad, it would be illegal.

Truth: Just because the world says its legal, doesn't mean it's right or Biblical.

ISA FREEDOM

BREAKING FREE
LIE VS TRUTH CARDS