



# Home Teams

DISCUSSION GUIDE

# ~~unreligious~~

March 7 & 8, 2020

# Unreligious: Week 5

## *Be Free*

**BIG IDEA:** Religion is about the weight and worry of conforming. Jesus wants us to be free.

**TEACHING POINTS:**

- We all have embraced the conformity of our culture that is a religion.
- Jesus was religious and did not conform.
- Don't let worry define your story.

**SCRIPTURE:** Matthew 6:24-34



### OPENING QUESTIONS

1. Growing up, what rule did you worry about breaking?
2. Which of your teenage clothing choices bothered your parents the most?

### IN THE WORD

1. When have you seen [Matthew 6:24](#) happen in life?
2. In what ways does [Matthew 6:25](#) impact people today?
3. Why is it important for us to understand [Matthew 6:26](#) in order to deal with worry?
4. How does [Matthew 6:9-13](#) help us understand worry and conformity in our life?
5. In what way do Christians today fall into the trap referred to in [Matthew 6:28-32](#)?
6. How can we experience the freedom found in [Matthew 6:33-34](#)?
7. What is [Matthew 23:4-5a](#) trying to correct in our motives?

## MAKING IT PERSONAL

1. What area of conformity do you need to release?
2. In what ways has religious conformity hurt you?
3. How can you limit the impact of worry on your story?

## CONTINUED LEARNING

[Luke 12:22-34](#) is a parallel passage to [Matthew 6:28-34](#) with some additional advice about possessions. It does not mean we must sell everything but simply reminds us to whom it all belongs. We shouldn't let anything get in the way of our walk with the Lord.



### I WILL:

I will obey something from God's word in the next 24-48 hours.



### I'LL SHARE:

I will share, with either a believer or non-believer, what God is teaching me and what I'm learning.

# Notes & Prayers



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