



Home Teams

DISCUSSION GUIDE

~~unreligious~~

February 22 & 23, 2020

Unreligious: Week 3

Be Changed From the Inside Out

BIG IDEA: Which is better, man's righteousness or the righteousness of Jesus?

TEACHING POINTS:

- Overcoming anger by having a heart of reconciliation.
- Overcome anger by having an obedient heart.

SCRIPTURE: Matthew 5:21-26



OPENING QUESTIONS

1. What is something minor that irritates you to the point of anger?
2. Name something religious people did not do when you were growing up.

IN THE WORD

1. The Pharisees were thought to be the most righteous of people. What was Jesus really saying in [Matthew 5:20](#)?
2. How is anger comparable with murder in [Matthew 5:21-22](#)?
3. In what way does [Matthew 5:23-24](#) help us deal with anger?
4. What is the heart issue found in [Matthew 5:25](#)? Is this helpful in dealing with anger? Explain.

MAKING IT PERSONAL

1. Have you ever experienced a heart reconciliation? Did that experience help you in dealing with your anger?
2. Share a time when you dealt with anger in yourself or with others.
3. How does having an obedient heart help with facing anger?

CONTINUED LEARNING

[Ephesians 4:26-27](#) gives us some boundaries on anger. How can you use these boundaries to prevent Satan from getting a foothold on your anger?



I WILL:

I will obey something from God's word in the next 24-48 hours.



I'LL SHARE:

I will share, with either a believer or non-believer, what God is teaching me and what I'm learning.

Notes & Prayers



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