



# Home Teams

DISCUSSION GUIDE



AT THE  
**MOVIES**



February 2 & 3, 2019

# ***At the Movies: Back to the Future***

## **BIG IDEA:**

Jesus can forgive our past and change our future.

## **OPENING QUESTIONS**

1. If you could go back to a certain year, what year would it be and why?
2. What year in your life are you glad to be done with once and for all?

## **IN THE WORD**

1. Name some ways you have seen [Proverbs 18:21](#) true in your experience both in a positive and a negative way.
2. How can [Psalm 103:10-11](#) help free us from the anchor of past regret?
3. From [Psalm 103:10](#), what encourages you the most?
4. Why is [Hebrews 12:1-2](#) essential to move beyond our past?
5. Share some ways [Hebrews 12:1-2](#) can help people move forward and release the past.

## MAKING IT PERSONAL

1. What was something said to you as a kid that was difficult for you to deal with?
2. Share a time someone spoke into your life that inspired you.
3. How have you been able to move beyond struggles or pain from your past?
4. What area of your life is God convicting you to “fix your eyes on Jesus” and let Him do the work of freeing you from your past?
5. Move into smaller groups of two or three to pray for each other about the responses you shared from the previous question.

## CONTINUED LEARNING

What are changes in Paul's life when he finally fixed his eyes on Jesus from [Acts 22:1-29](#)? How can you apply these changes to your own life?

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# Notes & Prayers



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