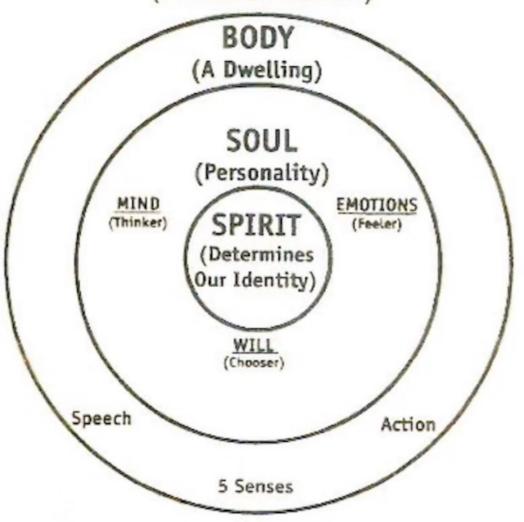




A Biblical Picture of Man

Man — A Three-Part Whole (I Thessalonians 5:23)



"May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ."
(1Thes 23b, NIV)



MY PERSPECTIVE

- Allopathic physician specializing in the Cardiovascular system
 - Bible says life is in the blood, and blood makes atonement for the soul "For the life of a creature is in the blood, and I have given it to you to make atonement for yourselves on the altar; it is the blood that makes atonement for one's life." (Lev 17:11, NIV)
 - Experience with full blown disease states: "sick care"
- Open to holistic and alternative medical practices.
 - These focus on "health care" and "prevention"



"SOMA"

- Soma is Greek for body.
- Found >140 times in New Testament
- Used both for our physical bodies and the allegory of the body of Christ



BODY: GOALS

- Our body made in the image of God
- Purpose for our bodies
- Function of our bodies
- Our responsibility for our bodies



IMAGE OF GOD

- God is Spirit
 - "God is spirit, and his worshipers must worship in the Spirit and in truth." (John 4:24, NIV)
- Image of God refers to the immaterial portions of humans (soul, spirit)
- However, our Body also has attributes of God
 - Can create life
 - Can adapt; has incredible complexity
 - Has senses to allow interaction and community
 - Can function autonomously; beyond our comprehension



PURPOSE

- Enables our soul and spirit to accomplish God's mission for us.
 - Our dwelling and our vehicle. With it we are enabled to Preach, Love, Follow, Go, Make Disciples, Teach. Commandment and commission.
 - "Therefore go and make disciples of all nations, baptizing them..." (Mt 28:19)
 - Enables us to produce new life
 - Procreate not Reproduce
 - Procreate means to bring forth or beget a unique new human .
 - "God blessed them and said to them, "Be fruitful and increase in number; fill the earth and subdue it."" (Gen 1:28a, NIV)
 - Reproduce is to create a copy; ie, a clone



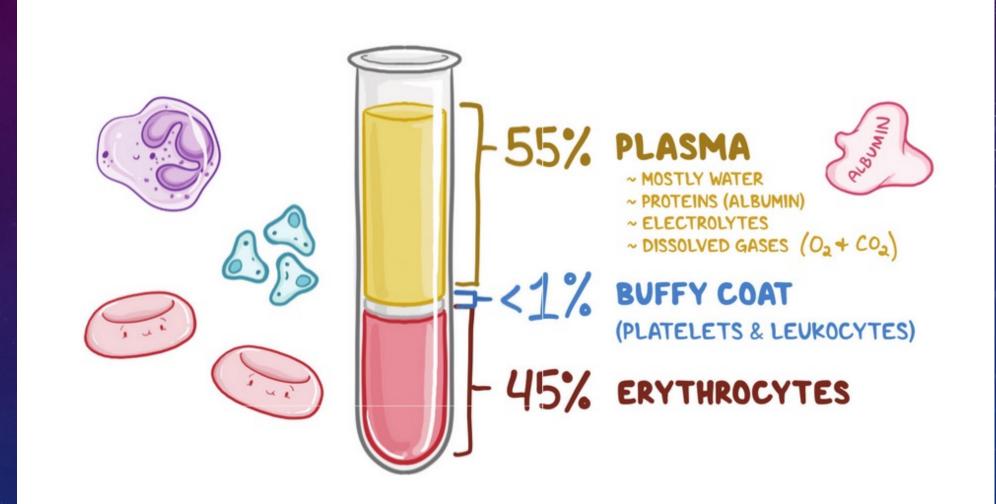
FUNCTIONS: FEARFULLY AND WONDERFULLY MADE (Psalm 139:14)

- An earthly container for our soul and spirit; a dwelling
- Self repairing
- Self sustaining
- Adaptable
- Life creating
- Evolution





BLOOD



3 Orchestrated Events

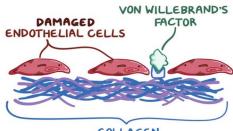
- Plug
- Temporary seal
- Permanent repair

STEPS of PRIMARY HEMOSTASIS

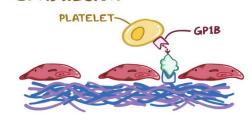
1) ENDOTHELIAL INJURY



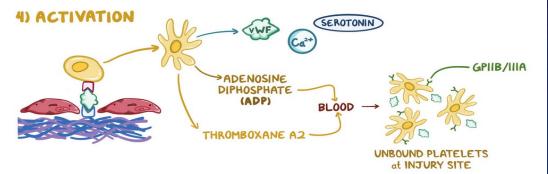
2) EXPOSURE

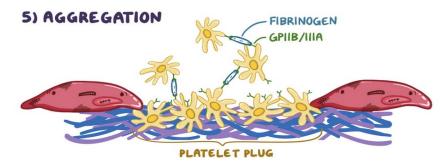


3) ADHESION

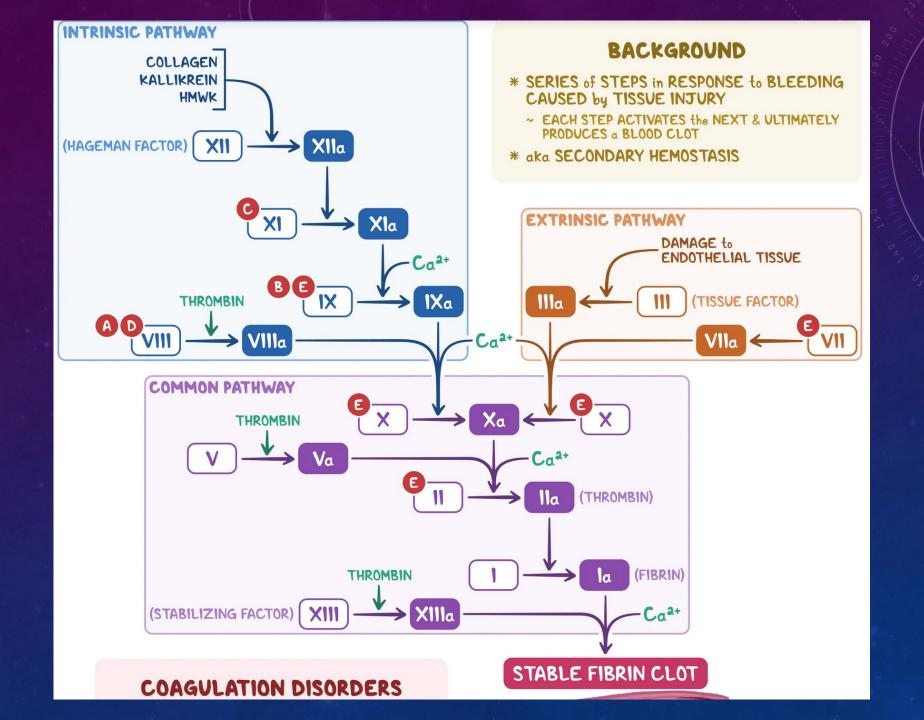


COLLAGEN





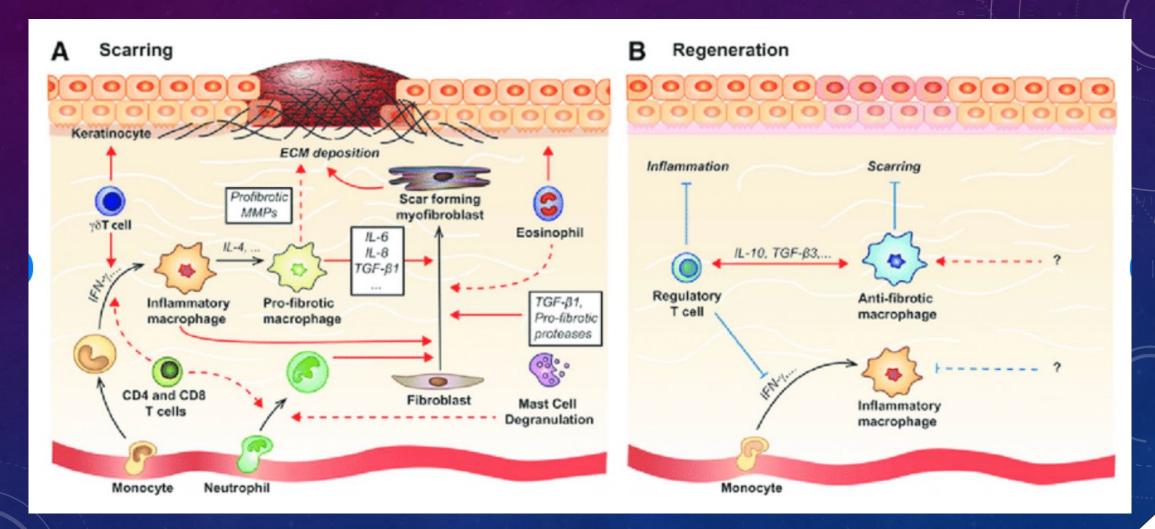




Seal



Permanent repair



This everyday process is not an accidental improvement on a prior system: far too complex and goes against law of entropy.

If so, then how much more impossible to claim that humans "evolved" through a series of accidents from primordial muck!







Time and accidents



GOD





Ohio Issue 1:

Right to Make Reproductive Decisions Including Abortion Initiative

What would this measure do?

Issue 1 would establish a state constitutional right to "make and carry out one's own reproductive decisions," including decisions about abortion, contraception, fertility treatment, miscarriage care, and continuing pregnancy.

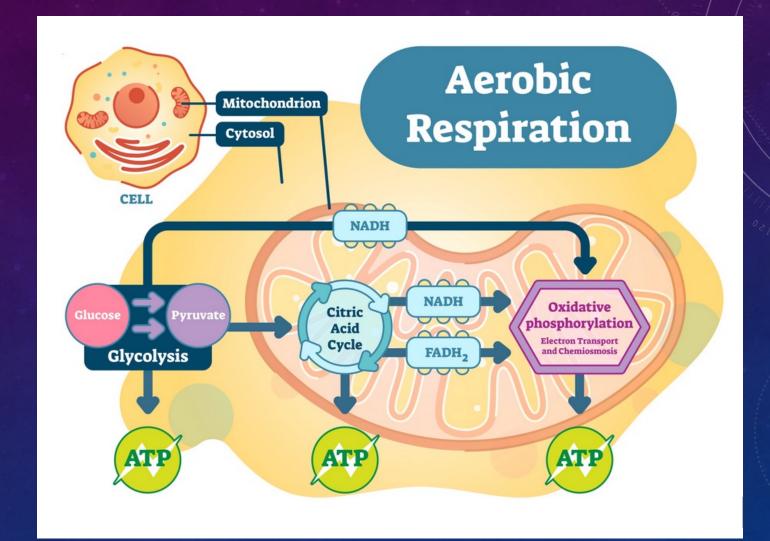


Amazing!
Do this, Live 100 years!





Another accidental mutation?





OUR RESPONSIBILITY

Our body is a temple

"19 Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰ you were bought at a price. Therefore honor God with your bodies." (1 Cor 6:19,20)

Our efforts to sustain it are costly and difficult

WHAT DOES GOD SAY ABOUT DIET?

For instance, in reading the Bible we find that men and women throughout ate a mostly plant-based diet with plenty of **herbs**, **lentils**, **beans**, **wheat**, **barley**, **fruits**, **and vegetables** (2 Samuel 17:28-29, Ezekiel 4:9, 2 Samuel 16:1).

They also ate **fish** (those with fins and scales), **nuts**, **and** natural **oils**. (Matthew 14:19, Deuteronomy 8:8, Genesis 43:11)

Raw honey was their natural source of sugar (Proverbs 24:13). They made their oil from the fruit of olive trees. And we see rich, healthful foods mentioned like **figs**, **pomegranates**, and **dates**. (1 Samuel 30:12).

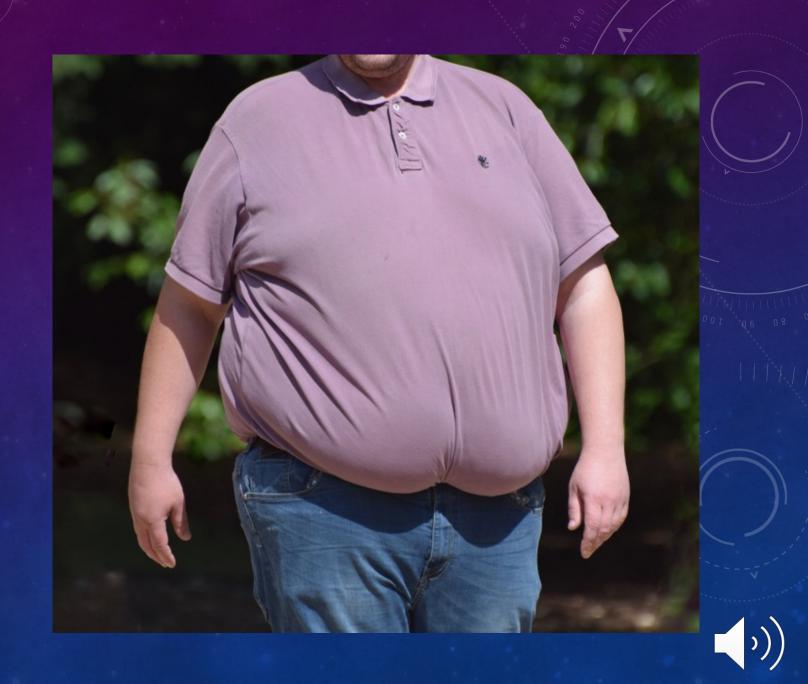
Leviticus 11: animals

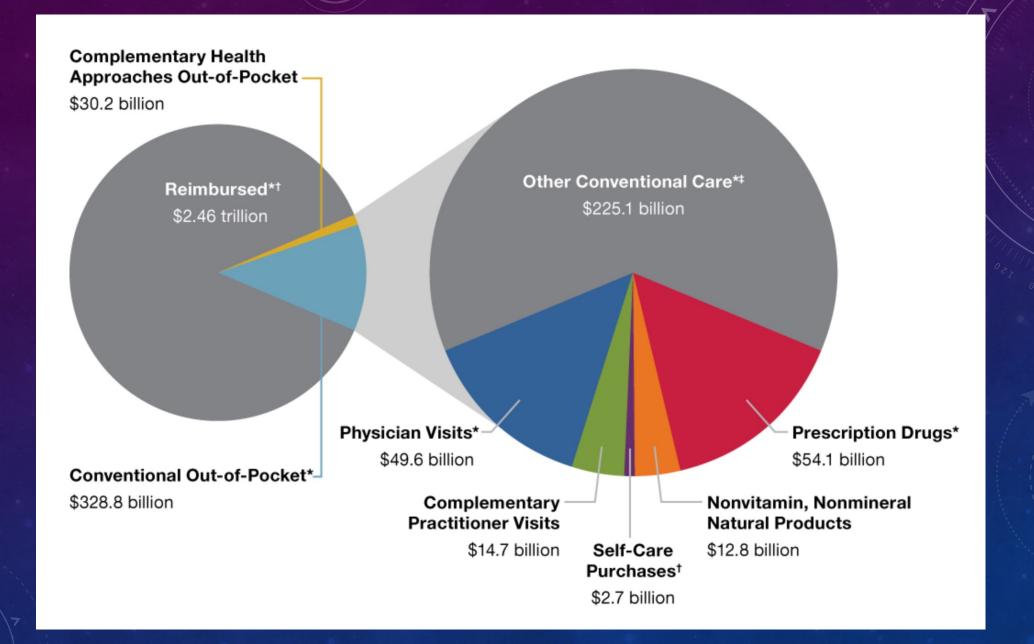
https://thebiblicalnutritionist.com



OBESITY

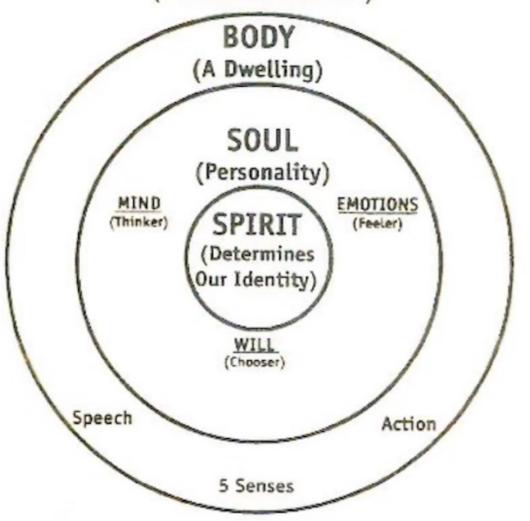
Major health determinant







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DISCUSSION TOPICS

- What did the spirit reveal to you about your physical body? Were you carrying misconceptions?
- What personal application will you pursue?
- How will you take this revelation into your workplace/community?

