Lies vs Truth Reference Sheet:

I am ugly	I am fearfully and wonderfully made - Psalm 139:14. I am made in God's image - Gen 1:26
I am alone	God is with me - Psalm 139:7-12, Hebrews 13:5-6
I am unloved/hated	God loved me enough to sacrifice His son -John 3:16, 1 John 4:9 -10. God's love for me ABOUNDS - Psalm 86:15. God loves me enough to call me His child - 1 John 3:1. Nothing can separate me from the love of God - Romans 8:38-39
I am unforgivable / ashamed	Christ has redeemed / cleansed me - Romans 3:24, Ephesians 1:7, Colossians 1:13-14, Titus 3:5, Galatians 3:13, Psalm 51:7, Hebrews 10:22, 1 John 1:9, 3:3
I don't like who I am/my circumstance. I am mad at God.	Who am I to question God? - Romans 9:20-21, Isaiah 45:9-10. God makes our suffering work for our good - Romans 8:28. Suffering helps us grow spiritually - Romans 5:3-5. Our hardships are temporary and they help us desire His Kingdom more - 2 Corinthians 4:16–18. When God comforts us, we are equipped to comfort others in the future - 2 Corinthians 1:3-5
No one understands me	The Lord knows me inside and out - Psalm 139:1-6, Matt 10:30 Jesus understands all of my struggles - Hebrews 4:15 If I am struggling with something, there are other believers who also struggle with that same thing - 1 Peter 5:9, 1 Cor 10:13
I have no purpose/I am an accident	God planned for me before I was born - Psalm 139:16. I am chosen - 1 Peter 2:9
I am weak	God gives me strength - Psalm 46:1, Isaiah 40:29-31, Phil 4:1. My weaknesses give God glory - 2 Corinthians 12:9-10, 1 Corinthians 1:26-29, 2:1-5
I am afraid	God delivers me from my fears: Psalm 34:4. I will trust the Lord - Proverbs 3:5-6. God is my refuge: Psalm 18:1-3, 61:1-4. I have not been given a spirit of fear - 2 Timothy 1:7. I will cast my fears on Him - 1 Peter 5:7, Philippians 4:6-8. Who can add time to their life by worrying? – Matthew 6:27

Article on cessationism, what is it? - https://www.compellingtruth.org/cessationism.html

Book recommendations: Knowledge of the Holy by A.W. Tozer & Loving God with All Your Mind by Elizabeth George

The Justin Peters Conference (2012) can be found on the GBC ap or website, and is titled, "Justin Peters - A Call for Discernment"

Resources on Forgiveness:

https://www.faithlafayette.org/resources/sermons/the_model_of_forgiveness

Unpacking Forgiveness by Chris Brauns