

Overcoming the Spirit of Fear

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July 21, 2024

2 Timothy 3:1 (Amplified Bible)

*But understand this, **that in the last days dangerous times [of great stress and trouble] will come [difficult days that will be hard to bear].***

1 Timothy 1:7 (King James Version)

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

Spirit of Fear

1. Spirit of Fear: Fear is a spirit. A demonic spirit sent to harass our soul (emotions).
2. Fear is a distressing emotion aroused by impending danger, evil, pain, etc., **whether the threat is real or imagined**; the feeling or condition of being afraid.
3. God has not given us a spirit of fear or being afraid.

A Spirit of Power

1. Instead, God has given us a Spirit (Holy Spirit) of power, love, and a sound mind.
2. Through the Holy Spirit, we have the same power living inside of us that raised Jesus from the dead! We have the power to overcome all the powers of Satan. Through His power, we can overcome the Spirit of Fear through the power of the Holy Spirit!
3. We overcome through these scriptures:

A. Luke 10:19 (Amplified Bible)

Listen carefully: I have given you authority [that you now possess] to tread on serpents and scorpions, and [the ability to exercise authority] over all the power of the enemy (Satan); and nothing will [in any way] harm you.

B. Philippians 4:4-8 (Amplified Bible)

*⁴ Rejoice in the Lord always [delight, take pleasure in Him]; again I will say, rejoice! ⁵ Let your gentle spirit [your graciousness, unselfishness, mercy, tolerance, and patience] be known to all people. The Lord is near. ⁶ **Do not be anxious or worried about anything, but in everything [every circumstance and situation] by prayer and petition with thanksgiving, continue to make your [specific] requests known to God. ⁷ And the peace of God [that peace which reassures the heart, that peace] which transcends all understanding, [that peace which] stands guard over your hearts and your minds in Christ Jesus [is yours].⁸ Finally, believers, whatever is true, whatever is honorable and worthy of respect, whatever is right and confirmed by God's word, whatever is pure and wholesome, whatever is lovely and brings peace, whatever is admirable and of good repute; if there is any excellence, if there is anything worthy of praise, think continually on these things [center your mind on them, and implant them in your heart].***

C. Isaiah 26:3 (Amplified Bible)

"You will keep in perfect and constant peace the one whose mind is steadfast [that is, committed and focused on You—in both inclination and character], Because he trusts and takes refuge in You [with hope and confident expectation].

D. John 14:27 (Amplified Bible)

Peace I leave with you; My [perfect] peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be afraid. [Let My perfect peace calm you in every circumstance and give you courage and strength for every challenge.]