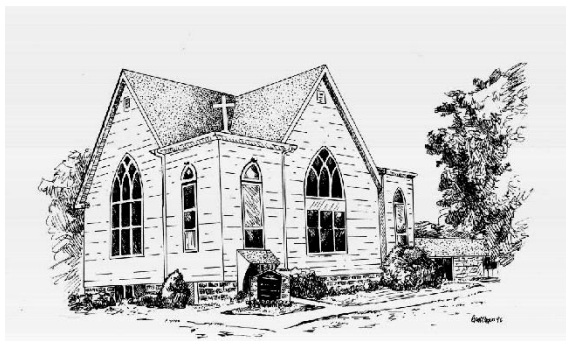




Helmar Lutheran Church  
Newark, IL  
Sunday, October 4th, 2026  
18<sup>th</sup> Sunday after Trinity

Prelude

Welcome

Hymn: "Our God Reigns"

Scripture reading: Psalm 147:1-6

Hebrews 11:23-26

Confession of Faith: Apostle's Creed

Communion

Praise Team: "Jesus, Thank You"

"Abide"

"Gratitude"

Sermon: "When Pleasure Falls Short"

Ecclesiastes 2:1-11

Benediction

Hymn: "I'd Rather Have Jesus"

Postlude

Members of Helmar's Prayer Team will be at the front of the sanctuary following the service to meet with those who desire to receive Christ as Lord and Savior, those who wish to renew their relationship with Jesus, or those who need prayer for specific needs. Anointing with oil, according to James 5:14 is available upon request.



**October 4th, 2026**  
**“When Pleasure Falls Short”**  
**Ecclesiastes 2:1-11**

Solomon dives deeper into the pursuit of pleasure “under the sun”. With his wisdom, he says he has not found lasting satisfaction, that “under the sun,” life is futile, and a “chasing after the wind.”

I. A Simple \_\_\_\_\_ vv. 1-3

II. A Quest for \_\_\_\_\_ vv. 4-10

III. An Absence of \_\_\_\_\_ v. 11

## Upcoming Events:

Mon: 7pm Mathre Life Group (Yorkville)

Wed: 2pm Adult Bible Study  
6:30pm Christian Life Group (Newark)  
6:30pm BLAST, JAM, HS

Th: 9:30am Ladies Bible Study  
6:30pm Gengler Life Group (Yorkville)

Fri: 5-7pm Food Pantry  
5:30-8:00pm Autumn Worship Night  
9am Ladies Prayer Hour  
7:30pm Pilon Life Group (Minooka)

Sun: 8:30am Fellowship  
9am Sunday School  
10am Worship—door offering for Jews for Jesus

**Life Group Study Questions** are available on the ledge outside the sanctuary, or online.

**Discover Helmar Class**—If you are interested in finding out more about Helmar, please join us for a 4-week class, Sunday mornings at 9am in the Fireside Room, October 4<sup>th</sup>-25<sup>th</sup>.

**Autumn Worship Night** on October 9<sup>th</sup>. This event is for **Everyone!**

5:30pm Games & Prizes

6:30pm Chili Cook-off/dinner (prizes for best overall, and most kid-friendly)

7pm Worship around the bonfire.

October 4, 2026

**IN REMEMBRANCE OF ME**  
*Receiving the Lord's Supper*

*What is the Sacrament of the Altar?*

It is the true Body and Blood of our Lord Jesus Christ, under the bread and wine, given unto us Christians to eat and to drink, as it was instituted by Christ Himself.

*What benefit do we have from the Lord's Supper?*

It is pointed out in these words: "Given and shed for you for the forgiveness of sins." Through these words, the forgiveness of sins, life and salvation are given unto us in the Sacrament. For where there is forgiveness of sins, there is also life and salvation.

*In what way does the believer receive life and salvation through this sacrament?*

Through this sacrament the believer is brought into spiritual fellowship with his Lord and Savior, who imparts Himself to him and thus preserves and strengthens him in faith, hope, and love unto eternal life.

*Is it important how we receive the Lord's Supper?*

Yes; we must be prepared when we go to partake of these gifts. It is much worse to go to the Lord's Supper unprepared and unworthy than not to go at all.

*Who partake of the Lord's Supper unworthily?*

They who do not feel nor repent of their sins and who do not from their heart believe in Jesus.

*Should the feeling of our own unworthiness keep us away from the Lord's Supper?*

No; the more we feel our own unworthiness and the more we sincerely long for God's forgiveness, the more worthy we are to receive His grace.

*What should be our conduct when we have received the Lord's Supper?*

We should quietly think of the great love which God has shown us and heartily thank Him for it, not only for a few days, but always. We should keep near to Jesus, show His death in word and act, and in a sanctified life prove that the body and blood of Christ have power to cleanse from sin.

Excerpts from "The Sacrament of the Altar," Luther's Small Catechism and Explanation, AFLC Board of Publications and Parish Education, 2007, pp.130-137.

AFLC Promotion for October is Parish Education