

<sup>4</sup> You have not yet resisted to the point of shedding blood in your striving against sin; <sup>5</sup> and you have forgotten the exhortation which is addressed to you as sons,

“MY SON, DO NOT REGARD LIGHTLY THE DISCIPLINE OF THE LORD, NOR FAINT WHEN YOU ARE PUNISHED BY HIM;

<sup>6</sup> FOR WHOM THE LORD LOVES HE DISCIPLINES, AND HE PUNISHES EVERY SON WHOM HE ACCEPTS.”

<sup>7</sup> It is for discipline that you endure; God deals with you as with sons; for what son is there whom *his* father does not discipline? <sup>8</sup> But if you are without discipline, of which all have become partakers, then you are illegitimate children and not sons. <sup>9</sup> Furthermore, we had earthly fathers to discipline us, and we respected *them*; shall we not much more be subject to the Father of spirits, and live? <sup>10</sup> For they disciplined *us* for a short time as seemed best to them, but He *disciplines us* for *our* good, so that we may share His holiness. <sup>11</sup> For the moment, all discipline seems not to be pleasant, but painful; yet to those who have been trained by it, afterward it yields the peaceful fruit of righteousness.

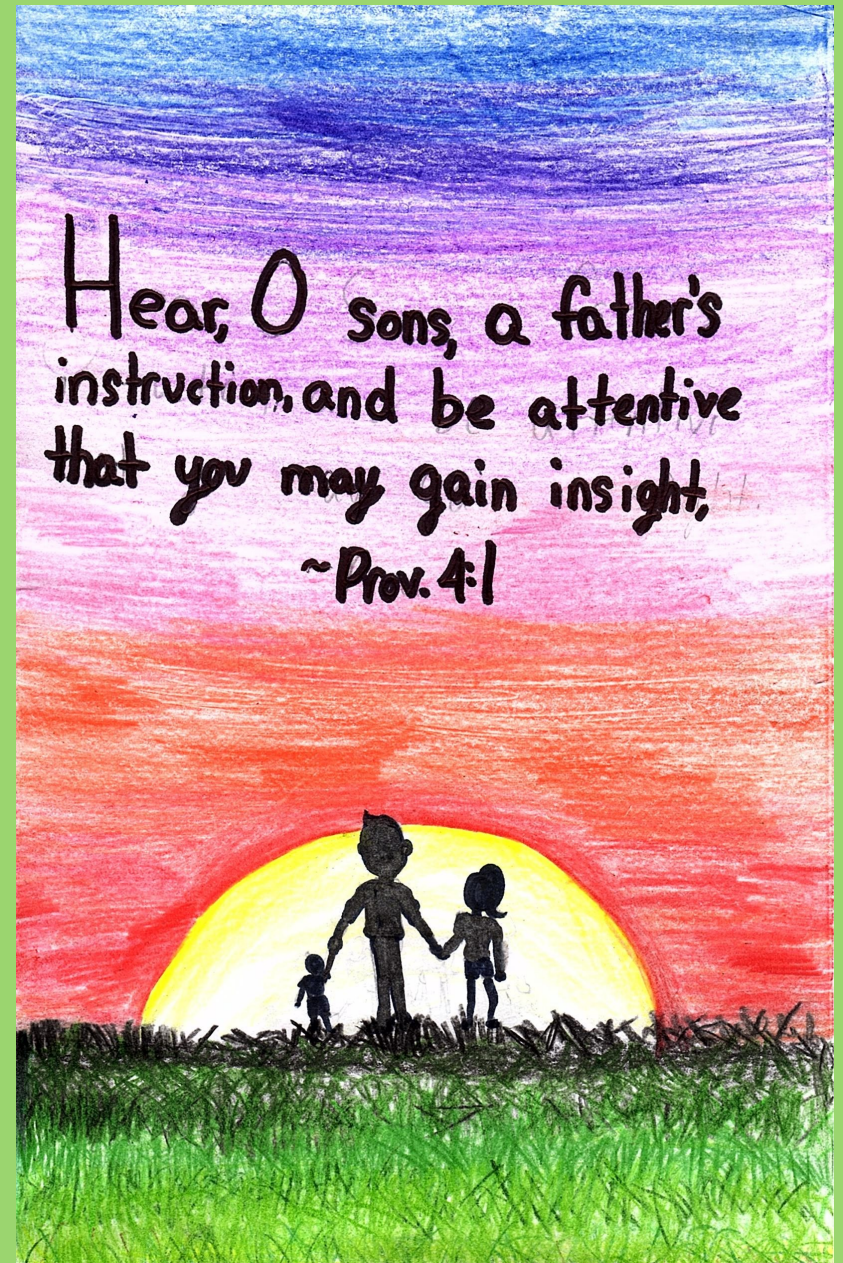
<sup>12</sup> Therefore, strengthen the hands that are weak and the knees that are feeble, <sup>13</sup> and make straight paths for your feet, so that *the limb* which is impaired may not be dislocated, but rather be healed.

<sup>14</sup> Pursue peace with all people, and the holiness without which no one will see the Lord. <sup>15</sup> See to it that no one comes short of the grace of God; that no root of bitterness springing up causes trouble, and by it many become defiled; <sup>16</sup> that *there be* no sexually immoral or godless person like Esau, who sold his own birthright for a *single* meal. <sup>17</sup> For you know that even afterward, when he wanted to inherit the blessing, he was rejected, for he found no place for repentance, though he sought for it with tears.

Hebrews 12:4-17

Art by Ashley Pilon

AFLC content will return in July.



**Helmar Lutheran Church**  
**Newark, IL**  
Sunday, June 23, 2024  
Fourth Sunday after Trinity

Prelude

Welcome

Hymn: “Blessed Assurance”

Scripture reading: Matthew 7:1-6

Romans 14:1-12

Pastoral Prayer

Praise Team: “Days of Elijah”

“What a Beautiful Name”

“Glorify Thy Name”

Children’s Church dismissal

Sermon: “”

II John 1:12-13

Benediction

Hymn: “I Have Decided to Follow Jesus”

Postlude

Wed. 6:30am Men’s Bible Study @ Southern Belle’s  
7-9pm Youth Backyard Bible Study @ Jim & Jenna’s

Sun: 9:30 Fellowship  
10am Worship **in the FLC**

**Welcome and thank you for attending our church service today.** If you are new to Helmar and are interested in finding out more about us, please stop at the Welcome Center and talk with Jim and Connie. We have a gift bag for you.

**Lost and Found**--In June, there will be a table of lost and found items in the FLC. Please collect items that are yours. Anything not claimed by the end of June will be donated.

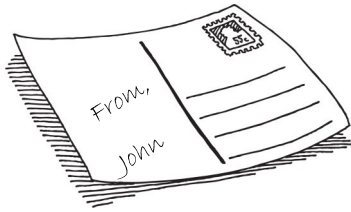
**Volunteer Sign-ups**—Volunteer Sign-up sheets for VBS and the Welcome Center are available as you leave.

**Open House**—our recently purchased home (from Bob and Pam Christian will be open on Sunday, June 30th, from 9am-12, if anyone would like to take a look.

**Jim and Judy Larson** will be sharing an update on their ministry in Thailand on July 7th. There will be a door offering for them after the service.

**GriefShare**-Grief counseling group will begin their next 13 week session on July 7th, 6:00-7:30pm in the Fireside Room. Please contact Tom or Linda Mathre for details, or visit <https://www.griefshare.org/groups/237701>.

There will be no **Children’s Church** during the month of July.  
The Door Offering for the Kittelsons was \$2588.00.



**June 23, 2024**

“”

**II John 1:12,13**

**Helmar Lutheran Church**

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*Helmar exists to be a:*

*Soul-Winning, Disciple-Making,  
Burden-Bearing Church*

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**Children’s Ministry Director- Kristen Mathre**

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**CCWM one-day VBS**—Cup of Cold Water Ministries is hosting a free “Young Minds For Missions” one-day VBS on July 26th from 9-12am at 2580 N 3653rd Rd, Sheridan, IL, for children ages 4-11. Registration is required. [ccwm.org/vbs](http://ccwm.org/vbs)

