

Life Groups 1 (Week of Sept. 13, 2026)

Ecclesiastes 1:1-11

1. The Book of Ecclesiastes has been aptly called “the most contemporary or modern Book in the Bible.” Ecclesiastes was written almost 3,000 years ago. If the quote is accurate, what would you expect to find in this book?
2. Solomon tells of his journey to find satisfaction in life. Do you think this quest describes people today?
3. In Eccl. 1:2 we find the phrase “Vanity of vanities. . .all is vanity.” It could also be translated “Vapor of vapors. . .all is vapor.” It points to futility. Solomon says, this is life **“under the sun” (1:3). This statement is very important for understanding Ecclesiastes.** It is found **only** in this book some 29 times. And, it references **the fallen world apart from God.** Please contrast this with I **Cor. 15:58.** What do you find Paul emphasizing?
4. How would you express the meaning of 1:1-3 in your own words?
5. Essentially, Solomon, in these verses, says that life **“under the sun”** is empty, a waste of time, futile. . .
 - In regard to our work v. 3
 - In regard to the generations v.4
 - In regard to the repetitive aspects of life vv. 5-9
 - In regard to remembrance vv. 10-11
6. Solomon presents a rather bleak outlook. Please contrast this emphasis with John 10:10. What does Jesus say about Life in Him?