



Meeting & Leader Tips

1. *Welcome to Alpha week 5!* To access your video on Youtube type in the search bar **Alpha 5 Grace Tucson** and it should be one of the first videos that comes up. The title is... [Why and How Can I Pray?](https://www.youtube.com/watch?v=0xZQOI6npcA). If you want the direct link to Episode #5 click here... <https://www.youtube.com/watch?v=0xZQOI6npcA>
2. Be sure to discuss the **Serve GP** day coming up on May 18. Decide which project you might want to do together as a group. Have group members sign up (right then and there on phones) using the RVC app. This will take you to the list of projects and a signup form. Each member of your LG will need to sign up individually. It is always so bonding and impactful when LG members serve together!!
3. **BIG IDEA:** This week, we are looking at the topic of prayer. Pete Greig says it well... *“Prayer isn’t part of our relationship with Jesus, it is our relationship with Jesus. Without prayer we are religious but we don’t have a relationship: a conversational, interactive relationship with the living God.”*

Alpha Outline

1. Food (*Optional: dinner, snack, dessert*) 20-30 min
2. Show Video (Alpha Film Series Episode 5 - [Why and How Can I Pray?](#) (27 min)
3. Group Discussion (30-40 min)

Discussion Questions:

1. Icebreaker: Share how your week is going and what area is stressing you out the most. (*Leader: remember to pray about these at the end of the discussion*)
2. What did you think or feel about the video? Was there an illustration/story from the message that stood out to you?
3. If God knows our needs, why do we need to pray about them? (*Consider: Jesus’ example; to experience his love, brings peace, drawing ourselves closer to God*)
4. In the talk, we heard some reasons we may not always get what we pray for. Which ones stood out for you? (*Consider: unconfessed sin, the intention to sin, wrong motives, desires not in line with God’s will, God says “wait”...*)
5. In the video, various reasons for praying are given. Which of these do you relate to and why?
6. Can anyone share about a recent incident where God answered your prayer, and you saw a real change?
7. According to Jesus’ example in the Bible (Matthew 6:9-13), there are four major themes in a prayer. (“ACTS”: Adoration, Confession, Thanksgiving, Supplication/requests). Briefly discuss your understanding of each one. Why are each important and why are all four necessary for healthy and balanced prayer?
8. What are some tips and ideas we can share with each other to have a more vibrant, creative, regular prayer time?

Take approx 10 minutes at the end of the group to pray for each other. “Let’s take this opportunity to pray short one sentence prayers. Use the ACTS outline for prayer. Facilitate taking a few minutes on each of the four aspects of prayer (question #7 - Adoration, Confession, Thanksgiving, Supplication/requests), allowing willing group members to pray short prayers on that topic, then transition to the next one, etc. Encourage all to participate if they feel led.

Optional/Supplemental Questions based on the Weekend Sermon (May 4,5):

1. Re-read 1 Corinthians 14:1-28. What impacted you most in this scripture and teaching?
2. What did you find helpful in the teaching on the topic of the Gift of Tongues?
3. What is the importance and purpose of the gift and ministry of “Prophecy” in the church (14:3)?
4. Why is the gift of prophecy more valuable for the church than the gift of tongues?
5. How do you desire to grow as a person who speaks words of strengthening, encouraging, & comfort to others?

ANNOUNCEMENTS

- **Serve GP - Sat, May 18** • Sign ups are now open! • Sign up @ the Connect Center, @ rivervalleycc.org, or RVC app
- **Brotherhood Men’s Potluck Breakfast - May 11** - At all RVC Campuses 9am (Murphy at 8:30am)