

**FACT
CHECK**

*things
Jesus
never
said*

A NewStory Church Series

SMALL GROUP DISCUSSION GUIDE

Part 3: Follow Your Heart (and other lies)

Icebreaker: Thanksgiving Day is upon us! Share three things you are most thankful for today.

1) The following is a list of “fake news” we’ve examined through the lens of Scripture for the past few weeks. Which one do you find yourself gravitating toward most in either thought and/or practice and why?

God never gives us more than we can handle ... What goes around, comes around ... Follow your heart ... You do you ... Let go and let God

2) What do well-meaning people mean when they say “follow your heart”? And how do passages like Jeremiah 17:9; Proverbs 4:23; all of Proverbs 23; Psalm 37:4 and Matthew 6:33 speak to this?

3) Various sources (including the *NY Times* and *WSJ*) have identified how a “You Do You” mentality is pervasive in today’s culture. Share your thoughts about this, especially as it relates to the ways of The Cross. How does this worldview compare to the words of Christ in Luke 9:23-27?

4) Where might a “let go and let God” approach fit in the following chart? Where does it not fit and why?



5) Read and discuss the following 3 quotes below. How does a series like “Fact Check” help you pause and reflect on what you (and the world around you) believes and why? What can you do to continue to intentionally live this way?

“Modern life is moving faster than the speed of thought, or thoughtfulness.” - Rebecca Solnit

“See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the elemental spiritual forces of this world rather than on Christ.” - Colossians 2:8

“Now the Berean Jews were of more noble character than those in Thessalonica, for they received the message with great eagerness and examined the Scriptures every day to see if what Paul said was true.” - Acts 17:11

Who Can You Invite?

