



SURVIVAL SKILLS

A NEW STORY CHURCH SERIES

Series: *Survival Skills*
Text: *Matthew 6:7-15*

Part 4 – Prayer
Pastor Trent Armstrong

- 1) Share an experience when you know that God answered your prayer.

- 2) Read through Matthew 6:7-15 together. What verses stand out to you and why?

- 3) Identify some things that inhibit you from praying. What can you do to overcome those obstacles? How might you be able to make prayer more of a priority?

- 4) Write down a few prayer requests and journal the progress. Over time, take note of how God is working. Remember that God wants to grow our faith and He answers prayer with either a yes, a no, or not yet. Will you still trust God no matter the outcome?

- 5) Identify an enemy or a potential enemy. Maybe it is someone who simply makes your blood boil whether they know it or not. Pray for them and commit to pray for them often. How do you think Jesus would pray for them?

- 6) Don't know what to pray? Below are some topical conversation starters with God. Which prayer(s) do you need to bring to God today? Why? Share them with your group and spend time praying for one another.

Pray a prayer:

- Of thankfulness
- Of surrender
- Of salvation
- Of grief and lament
- Of repentance
- Of confession
- Of forgiveness
- Of healing
- Of protection
- Of provision
- Of awe and wonder

*Remember, we can pray standing up, sitting down, eyes wide open, eyes shut, quietly in our minds, or out loud. God hears us and cares for us. Just pour your heart out to Him. And if you cannot find words to pray, you can pray Scripture or make a song your prayer. Just focus your attention towards God and have a conversation with Him.