



Part 3, Psalm 130

Pastor Stephen Han

Ice-Breaker: What's the longest you've ever had to wait for something? (Could be a funny or meaningful story)

- 1) Read Psalm 130:1-8. The psalmist cries out “Out of the depths I cry to you, O Lord” (v. 1). When have you experienced a season that felt like “the depths?” What did your prayers to God look or sound like during that time?
- 2) Biblical waiting isn't passive, but a “confident, disciplined, expectant, active” hope in God and in His word (v. 5). How does this redefine “waiting” for you? Can you think of a time when active waiting changed your outlook or actions?
- 3) Has a season of waiting ever led you to a new awareness of pride, fear, or other areas where you needed God's mercy? How did God use that time to shape you?
- 4) The psalmist trusts God “more than watchmen wait for the morning” (v. 6). What does it look like practically to trust God's timing when you have no control over the outcome?
- 5) The psalm ends with confidence in God's “steadfast love and plentiful redemption” (v. 7). When have you seen God redeem (make something good out of) a difficult waiting season?
- 6) Read Isaiah 40:28-31. Which one best describes your current spiritual condition: soar, run, or walk (v. 31)? Please explain.
- 7) What is God asking you to trust Him with in this season of waiting?
- 8) Group Prayer Time: Pray for renewed patience, courage, and hope, trusting that God is working in the waiting – even when it's hard to see.

