

part 3, Building Phases

REMINDER: This guide is intended to spark meaningful conversation, not exhaustive coverage. The goal is connection, not completion. So feel free to spend extended time on just one or two elements that resonate with the group. Aim for heartfelt connection & personal application. Finally, trust the Holy Spirit to guide your discussion in the areas most needed by your group and enjoy!

Icebreaker: Dig into your camera roll and share a meaningful family photo from your childhood!



- 1) Proverbs 22:6 says "Train up a child in the way he should go; even when he is old he will not depart from it". Who played a significant guiding role in your growth? What did they say or do that truly shaped you?
- 2) In today's sermon, the statement was given that love must adapt as people grow: from Discipline  $\rightarrow$  Training  $\rightarrow$  Coaching  $\rightarrow$  Friendship. Reflect on each term for you. Go around and share how each word has impacted you in your own upbringing.
- 3) What do you think about the statement that healthy relationships require adjustments as people grow, whereas fixed approaches can damage connection? Where have you needed to adjust in a relationship?
- 4) Jesus transitioned from telling His disciples what to do to asking thoughtful questions (e.g., "Who do you say I am?"). What are the kinds of questions that create space for trust and honest conversation in your relationships?
- 5) How has your family of origin shaped how you relate to others today? Where do you desire healing or growth?
- 6) What's one relational shift that you want to make in your own life toward healthier connections?
- 7) Jesus calls us friends in John 15:15. How have you seen your own relationship with Jesus evolve through the years? What does friendship with God look like and play out in your own life?
- 8) What are the places that you would like to experience healing and change? Share about those and pray for one another.