



Pt3: Joy

Pastor Stephen Han

Ice Breaker: What brings you joy? Where do you find joy in your everyday life? Share even a recent “small thing” that unexpectedly brought you joy.

- 1) Read Habakkuk 3:17-19 slowly. Where do you most identify: the barren fields and empty stalls, or the “yet I will rejoice” declaration? Why?
- 2) Pastor Stephen described Habakkuk as “pre-loading” his decision to joy before anything changed. What would it look like for you to “pre-load” joy into your mornings this week?
- 3) What is the difference between happiness and joy. Where have you been confusing the two in your own expectations of God?
- 4) Read the following verses and list all the promises of God. (John 16:33, Hebrews 13:5, Romans 10:13, Romans 6:23, Psalm 103:12, John 1:12, John 6:40, John 14:3, Revelation 21:4, Revelation 21:5) Which one most revives your joy today and why?
- 5) Pastor Stephen shared “Joy is your present possession when God is your constant obsession.” Where do you see competing “obsessions” (work, image, success, relationship, etc.) that are choking your joy?
- 6) Where do you notice God’s shmlily (See How Much I Love You) notes in your past year – big or small?
- 7) What is one practical “joy practice” your group can commit to together this week? (e.g. daily gratitude text thread, sharing one “shmlily moment” each day, memorizing Habakkuk 3:17-19, sharing a worship song on joy together)