



A NEWSTORY CHURCH SERIES
LAMENT
THE SPACE BETWEEN PAIN AND PRAISE

Series: *Lament: The Space Between Pain & Praise*
Text: *Lamentations 5*

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& Pastor Tom Kang

- 1) Lamentations is truly a profound and powerful book. Take a moment to reflect on this Lament series (*to help jog your memory, think of some of the more kinetic moments where you lay down stones, took home a glass shard, received Communion or perhaps some of the real-life stories you heard*). What have you learned about:
 - God
 - Yourself & Others
 - Pain
- 2) “What if the pain we feel and the lament we express is actually the very thing that leads us to and through our healing and closer to God, not away or further from Him?” What does this question evoke for you?
- 3) We shared how lament requires of us the following:
 - Transparency (*Can I be honest with all I am feeling? Or can I bear the honest lament being shared with me?*)
 - Time (*Am I willing to make room and take time for this process?*)
 - Trust (*Will I/they survive this pain?*)
 - Tenacity (*Can I hold the tension of the pain and the promise of God’s presence and help?*)Which of these is most challenging for you and why?
- 4) A.W. Tozer wrote, “What comes into our minds when we think about God is the most important thing about us.” With that in mind, read Exodus 34: 5-7, Matthew 11:28-30, and Revelation 21:4. Scripture reveals God as: *Compassionate. Humble. Gentle. Lowly. Merciful. Lavishly Loving.*
How does this affect how you approach Him with your lament and your suffering?
- 5) How do the words of Lamentations 5:21 reflect the prayer God is putting on your heart?
- 6) At the end of the message, we talked about “Tuning our Hearts” and “Listening for the Echo”. What is one promise or verse from Scripture that has ministered to you in times of suffering, loss or lament? Please share.

LAMENT Q&A

Today (Oct 31) at 12:30
Here in the sanctuary

Text Questions to (323) 544-3499
www.newstorychurch.com/lament

We have spent the past few weeks diving into the book of Lamentations – definitely not an easy dive, but an important one. We created space for you to ask questions after worship. Check out this resource page: newstorychurch.com/lament. Share it with those around you who may be in a season of pain. You will find all the messages of the series and worship playlist there for yourself and those you care.