

24 QUESTIONS to START 2024

As I reflect on the PAST year ...

1. What were my 3 highest/lowest points?
2. Where did I experience a sense of joy and satisfaction that must be celebrated?
3. What mistakes did I make and what did I learn/how did I change from them?
4. Who helped, supported, and encouraged me the most? Have I thanked them? (If not, do so!)
5. What were any factors that got in the way of my growth & development?
6. In 2023, God showed me: _____

As I focus on this PRESENT moment ...

1. How am I different today than a year ago? 5 years ago? 10 years ago?
2. Are there any elephants in the room? If so, what will it require to name them?
3. What are the candid facts about my life (and leadership) that must be named, faced, and embraced?
4. When am I at my absolute best?
5. What is of ultimate importance to me?
6. What has had the lion's share of my thoughts ... emotions ... actions lately?
7. What questions am I currently wrestling with? What is something from God's Word that is impacting me right now?
8. Where/how do I add the most value?

As I look FORWARD to the new year ...

1. Who do I want to become this year? What 2-3 adjectives do I want describing my life a year from now?
2. What do I sense Jesus is inviting me into this year?
3. What areas – projects, people, plans – should get my time, energy and focus this year? Why those?
4. What must I say NO to this year in order to say a better YES?
5. Where do I need to extend grace to myself? Where do I need to extend grace to others?
6. What does a fully present me look and feel like? Where will there be spaces for me to rest, recreate, and replenish with (or without) other life-giving people? (Can I calendar it now?)
7. What is the most essential thing I must focus on for the next 60 days?
8. What leadership risks do I need to take this year? Why those?
9. Who should I invest in this year? Who will invest in me this year?
10. What's the next best thing I must do moving forward? Write it down: _____