



Part 4: Beyond Regrets

Pastor Stephen Han

- 1) What are some common regrets people experience in life? How do these compare to the regrets portrayed in the movie, Oppenheimer?
- 2) Read I Timothy 1:12-15 & I Corinthians 15:9-10.
 - a. Paul admitted his regretful past, yet he didn't let it paralyze him. How can we learn to cope with our regrets without being defined by them?
 - b. How did Paul's past as a persecutor of Christians shape his understanding of God's grace and forgiveness? How can this inspire us to view our own regrets?
- 3) Pastor Stephen said there are three categories of regrets: Action, Inaction, and Reaction. Can you think of personal examples for each category? Which one do you find most challenging to deal with?
- 4) How does recognizing and owning our regrets, rather than blaming others, help us move forward? What makes this process difficult?
- 5) What does it mean to "release your regrets to God"? How might this process look different for believers and non-believers?
- 6) Read Philippians 3:7-14. What did Paul learn from some of his regrets? How can we balance recognizing our past mistakes with not letting them dictate our future? (v. 13)
- 7) How you respond to your mistakes will either make you bitter or better. Can you share an experience where a regret ultimately led to personal growth?
- 8) What are some regrets you are still holding onto? What must you do to release them? How would you like to see God redeem them?

One of the most powerful pictures of redemption as it relates to faith in Jesus is actually displayed in baptism. By going under the water, your old life is buried with Jesus and your sins are washed away. And by coming out of the water, you are raised to a new life, experiencing the resurrection power of Jesus. ** Sign up to get baptized on August 4th (Church at the Beach) at Will Rogers Beach.

**CHURCH
AT THE BEACH**

August 4 | 9am
at Will Rogers State Beach (Tower 15)
Service will start at 10am
Sign up to get baptized.