



**Series:** *Survival Skills*

**Text:** *Romans 12:1, John4:19-24, Hebrews 10:24-25*

*Part 2 – Worship*  
*Pastor Nathan Armstrong*

- 1) Do you enjoy hiking in the wilderness? If so, and you were to get lost, would you know how to make a fire?
- 2) Why is Worship important? How does it impact us (heart, mind, spirit, body), how does it affect the people or world around us?
- 3) Read Romans 12:1 aloud together. We just read that we ought to offer our bodies “as living sacrifices.” What do you understand that to mean?
- 4) Why do we do something with our hands to reflect something in our heart? What are some examples of that in our culture?
- 5) When is it the hardest for you to concentrate on worshipping God?
  - a. When I’m sick or hurting
  - b. When bad things happen to me or someone I love
  - c. When something really good is happening to me
  - d. When I’m really busy
- 6) What gets in the way of you being the kind of worshiper God deserves?
- 7) In your own words, what is the difference between attending worship and living in worship?
- 8) What’s one battle our group can worship through together? How will we communicate during the week about any breakthroughs or victories?