

DIGGING DEEPER

Week 6 | Ephesians 4:17-32



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RECAP

We continued in our *Rooted in Love* series in Ephesians this weekend. Before starting the discussion questions with your group, pray together and invite the Holy Spirit to be present with you as you study through this passage.

ICEBREAKER: What was something you loved when you were younger that you no longer like (food, candy, movie, hobby, etc)? What changed?

DISCUSS

1. Look again at verses 22-24. Paul is calling the people of God to be "made new" and live transformed lives. Reflect back on the last year of your life. What change or areas of transformation have you seen in your own attitudes, thoughts and actions? How has the Holy Spirit been transforming you?
2. Paul describes the "old self" and the "new self" in verses 25-32. As a group, go through Paul's list. Which is the most challenging or convicting for you?
3. When it comes to anger and how we handle it, how can we resolve it in a quicker and healthier way, instead of letting it fester and turn to bitterness, grudges and resentment? What has helped you in your life and relationships to practice this?
4. Revisit verse 30. Is "grieving the Holy Spirit" something that you've considered before? Share with your group.
5. One of the most powerful parts of this passage is verse 32. Paul frames us forgiving others through the lens of Christ forgiving us. How does this impact you?

SCRIPTURE

KEY PASSAGE: Ephesians 4:17-32

MEMORY VERSE: Ephesians 4:32

Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

PRAYER TIME

Share prayer requests and pray together as a group. Please especially pray for Pastor Garrett's family and our church as we mourn this loss together.

GET INVOLVED

CHURCH PRAYER VIGIL: Come pray with us! On Saturday, October 22nd from 7a-7p, Wells Chapel will be open for prayer. We will lead a corporate time of prayer every hour, starting on the hour. We are encouraging you and your group to come and spend an hour praying for our church family, unity, and current and future leadership. Get more details at fairoaks.church/events.

TRUNK OR TREAT COMMUNITY EVENT: Trunk or Treat is on Friday, October 28th! This is a great event that loves and serves our neighbors and it takes everyone contributing to make it happen. You and your group can get involved by signing up to decorate a trunk and pass out candy and/or donating candy. More details at fairoaks.church/events.

OUTREACH OPPORTUNITIES: During the fast-approaching holiday season, we have several opportunities for you to serve and give! You can find out more about our Thanksgiving food drive, Operation Christmas Child, Shining Star gifts, and Winter Guest House at fairoaks.church/missions. More details to come about how you and your group can serve together.

SAVE THE DATE: We will have a celebration of life service to honor Pastor Garrett on Saturday, November 19th at Fair Oaks Church. We will communicate more specific details once they are finalized in the coming weeks.

