

DIGGING DEEPER

Contentment & Gratitude

SUNDAY RECAP

We concluded our series, *Consecrated Living*, by focusing on **contentment** and **gratitude**. Before starting the questions with your group, invite God to reveal Himself through His Word and by His Spirit during your discussion.

KEY PASSAGE: Colossians 3:15-17

OPTIONAL ICEBREAKERS

- What's something you used to think you needed to be happy, but now realize you can live without?

DISCUSSION GUIDE

1. What from the message resonated or challenged you?
2. Consider the points from the message. Discuss the impact of each one or how you have experienced it.
 - alignment builds contentment and gratitude
 - busyness numbs contentment and gratitude
 - comparison steals contentment and gratitude
 - connection nurtures contentment and gratitude
3. What are some key takeaways for you from this Consecrated Living series (power, Bodies, money, gratitude)?

30 DAYS OF CONSECRATION

As part of this series, we invite you to participate with us as we seek to set apart all things for God's purpose and use. Each week, there is a Scripture to meditate on, daily prayer, and weekly practice as an act of worship.

This week the invitation is to cultivate a heart posture of contentment and gratitude. Below are some ideas. Discuss with your group, identify something you could try this week to help you grow.

- Write down at least 100 things you are thankful for
- Write a note/text of appreciation to someone who has made a positive impact on your faith
- Take a day (or several) without any kind of social media
- Eat a meal without any kind of multitasking
- Have a conversation with someone who is usually life-giving and encouraging to you (and then be that kind of person to someone else)

GROUP PRAYER TIME

Share any personal requests before praying together. Incorporate this week's prayer of consecration by closing your prayer time saying it aloud together.

King Jesus, let your peace rule in my heart. Help me to cultivate contentment and gratitude in my life. Amen.



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WHAT'S NEXT: Advent begins on November 30! We will provide an abridged Digging Deeper guide for our Advent series. However, we also encourage groups to take a break for the holidays. *We will resume Digging Deeper weekly guide in January.*

MORE WAYS TO ENGAGE: **Fair Oaks Church Sermon Podcast** (Apple Podcasts & Spotify) to listen to just the message. Check out **Cutting Room Floor** episodes that further unpack sermons and insights from preachers.

UPCOMING EVENTS [Learn more at fairoaks.church/events](https://fairoaks.church/events)

- 12/3: **Deck the Halls** | 4-6:30p | Volunteers help prep for Advent season!
- 12/4: **WFO Brunch** | 9:30-11:30a | FLC, AMC | Speaker: Emily Bartholow
- 12/7: **Christmas Kickoff** | 10:30a United Service & Lunch/Gingerbread Houses | Tickets Available at fairoaks.church/events
- 12/10: **Hope Gathering for Widows** | 6-8p | Dinner & Fellowship
- 12/12: **Food Distribution at FO/OV Food Bank** | 9a-12:30p | Volunteers Needed
- 12/12: **Charlie Brown Christmas Jazz Concert** | 6:30pm | Worship Center
- 12/13: **Holiday Remembrance Service** | 3p | Wells Chapel
- 12/18: **Merry Marketplace** | 2-6p | Volunteers Needed | Sign Up Online
- 12/19: **Drop & Shop** | 5-9p | Kids 5th grade and under | Registration Required
- 12/24: **Christmas Eve Candlelight Services** | 3p & 5p | Details at christmasatfairoaks.com

