



**WATCH SERMONS ON DEMAND**  
[fairoaks.church/sermons](https://fairoaks.church/sermons)



**PODCASTS**  
[Fair Oaks Church Sermons](#)  
[Fair Oaks Café](#)

## RECAP

This week we continued in our summer series, *Summer in the Psalms* learning from Psalm 126, one of the Psalms of ascent. We got to learn from guest preacher, John Becker. His role as Director of Ministries of Africa Inland Mission and the missional work he's been involved with gives him a unique perspective on this passage - and an opportunity for us to learn from the exiles.

**Start by reading through Psalm 126 as a group and praying before moving into the discussion time.**

## SCRIPTURE

**KEY PASSAGE:** Psalm 126

**MEMORY VERSE:**

**Psalms 126:3** | The Lord has done great things for us, and we are filled with joy.

**ICEBREAKER:** Describe a time when you felt like an outsider or your experience moving to a new place. How was it challenging? How did you experience God's grace?

## DISCUSS

In his message, John Becker, outlined what we learn as exiles when we **look back**, **look up**, and **look forward**.

1. When I look back, what can I celebrate? What am I thankful for? How will I praise God this week?
2. When I look up, what promises of God am I putting my faith in? What areas do I need to trust God for today?
3. When I look forward, where is God calling me to sow for a future harvest? How is God challenging me to be obedient?
4. What is one thing I will do to serve displaced people in this season?

## GET INVOLVED

**WORLD RELIEF SACRAMENTO:** In response to this message and how we can help serve displaced people, we invite you to check out World Relief Sacramento. This is one of our local ministry partners that help refugees and other immigrants in vulnerable situations rebuild their lives in the Sacramento area. There are opportunities to volunteer, donate goods and services, financial support and more. Get more info at [worldrelief.org/sacramento](https://worldrelief.org/sacramento).

**PRAY FOR THE LA ESPERANZA TEAM:** After not being able to send out teams due to COVID for the past few years, we are excited to send out a team to Mexico! The La Esperanza team is headed out July 23-30 to serve with Mexican Medical Ministries (south of San Quintin, MX). Please join us in praying for our team members, a safe and easy border crossing, good health and protection, ministry opportunities, team bonding and opportunities to share Jesus with the local community.

**WATCH THE CHOSEN WITH US!** If you want to see Jesus come to life, you're invited to watch Seasons 1 & 2 of *The Chosen*! Join us in the Family Life Center on Tuesdays from 6:30-8p through August 30! Get more details at [fairoaks.church/events](https://fairoaks.church/events).

