



WATCH SERMONS ON DEMAND
fairoaks.church/sermons



PODCASTS
[Fair Oaks Church Sermons](#)
[Fair Oaks Café](#)

RECAP

We concluded our *Summer in the Psalms* series this past weekend with a message on Psalm 62 (ESV). Before starting the discussion questions with your group, pray together and invite the Holy Spirit to be present with you as you study and journey through this passage.

ICEBREAKER: Which trip or vacation would you want to go back and relive again without changing anything?

DISCUSS

1. Psalm 62 has been referred to as a “trust Psalm.” What portion of this passage speaks to you today and why?
2. Pastor Josh emphasized the truth revealed in this Psalm about God being the ONLY one who we can put our hope in. Go through this Psalm again and identify the parts of this passage that highlight this concept. Which is the most challenging? Which is most comforting?
3. What does this teach us about who we are and who God is?
4. After meditating on this Psalm, ask God to reveal to you what He wants you to believe and do this week in response.
5. Share with your group how this series has impacted you over the last several weeks.
6. As you move into a prayer time with your group, practice praying the Psalms together. Use a verse or phrase from Psalm 62 as a prayer.

SCRIPTURE

KEY PASSAGE: Psalm 62
(Read it in a variety of translations - ESV, NIV, or others)

MEMORY VERSE:
Psalm 62:1-2

For God alone my soul waits in silence; from him comes my salvation. He alone is my rock and my salvation, my fortress; I shall not be greatly shaken.

GET INVOLVED

ROOTED GROUPS: For the next few weeks we're promoting opportunities for you to join a Rooted Group (10 weeks) and/or join another small group this fall. If your group wants to spend the fall session going through the Rooted curriculum, reach out and let our team know. Learn more about what Rooted is and why you could benefit from being a part of this!

GROUPS LAUNCH PARTY: Save the date: September 11th at 6pm. Everyone is invited to join us as we celebrate the launch of our fall groups! Come explore group options, sign up and join a group, meet group leaders or just come to enjoy ice cream and fellowship with us! Get details at fairoaks.church/events

