

# Isaiah 40:29-31

He gives power to the weak  
and strength to the powerless.

Even youths will become weak  
and tired, and young men will fall  
in exhaustion.

But those who **WAIT** on the Lord  
will find new strength.

They will soar high on wings  
like eagles.

They will run and not grow weary.  
They will walk and not faint.

# Pray

## A Prayer about Waiting:

Dear Lord, waiting is hard. Help us to wait well and remind us that you are with us while we wait. Amen.

## Pray as you wait this week:

- When you're stuck in traffic
- As you wait at school pickup
- In the checkout line
- While you're waiting for the Eagles offense to score a touchdown...

# Talk About It

*Get together and discuss:*

- What are you waiting for? What are you waiting for as a family?
- Are you praying about it? How are you feeling as you wait?
- How will you feel if it doesn't happen when you want it to?

# Take a Closer Look

Grab your book and respond:

- How does Jesus ask us to respond to the wait?
- How do the people in your reading this week respond to the wait (pp. 12-13, 17-18)?

*Elizabeth and Zachariah*

*Jonah*

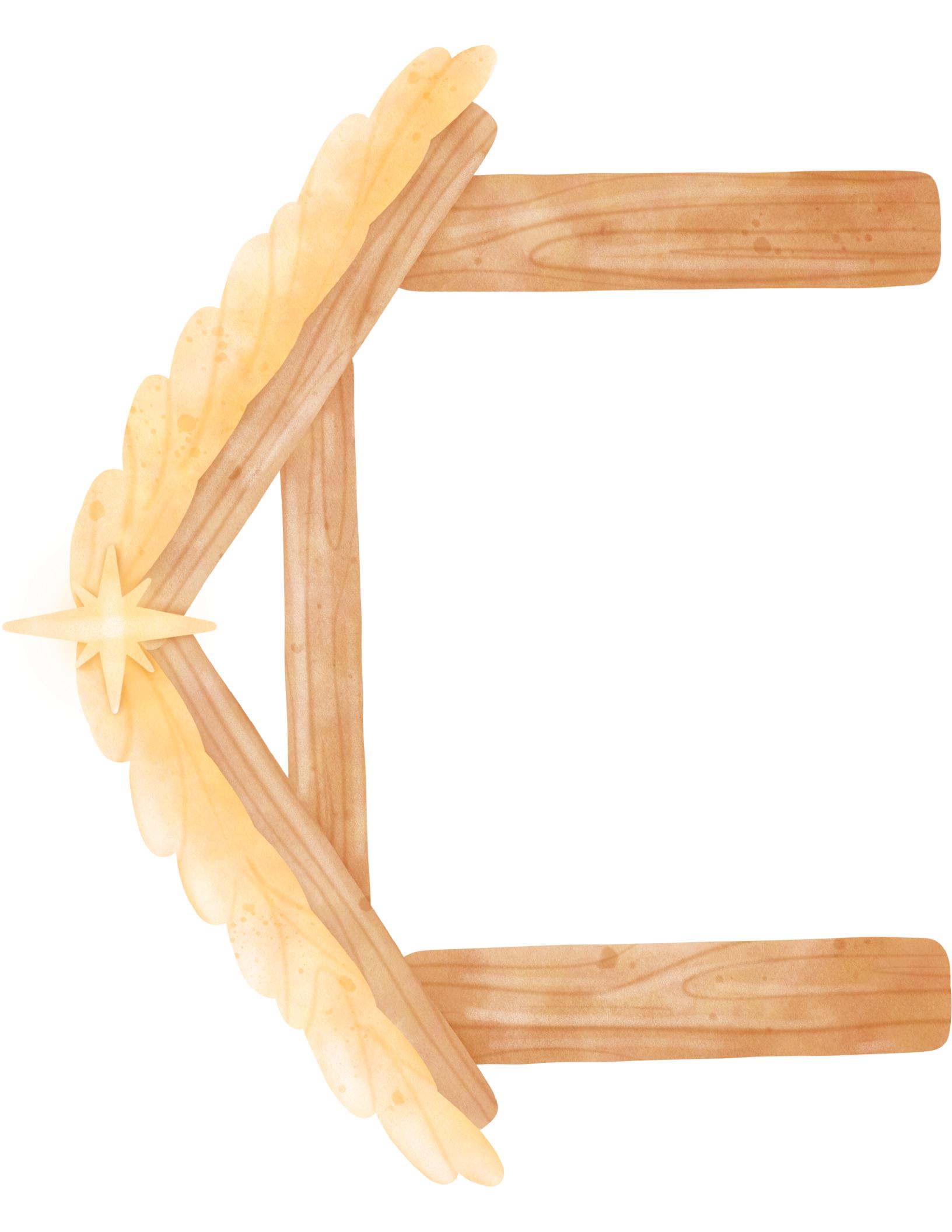
*Jeremiah*

*Job*

# Things to Do

## This Week

- Start a visual countdown to Jesus' birthday in your home.
- Begin to build a nativity scene. Talk about the people present in the Christmas story (Matthew 1-2). Save baby Jesus for the week of Christmas!





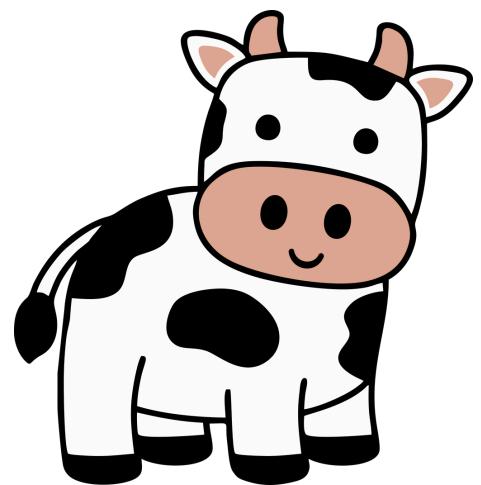
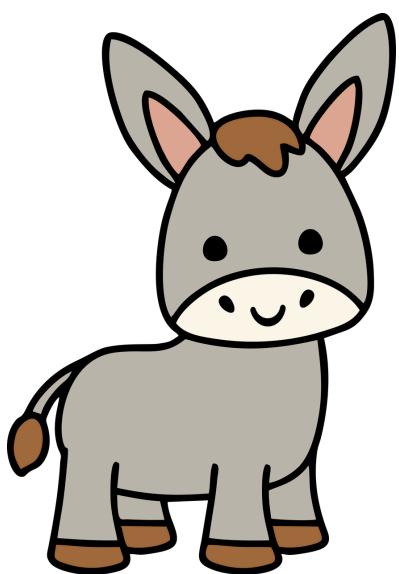
Mary



Joseph



Baby Jesus



Animals in the Stable



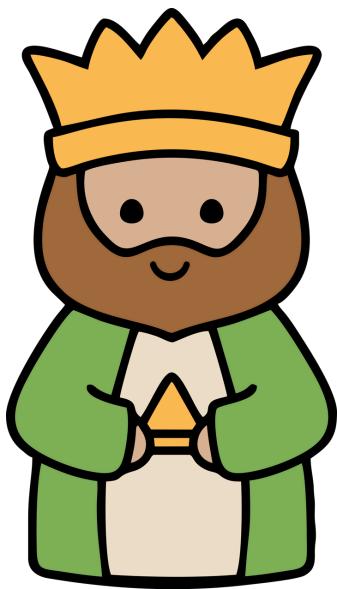
Angels



Shepherds



Sheep



The Three Wise Men



Camels

