

ROMANS

an invitation to the story that changes everything

LEARNING TO TRUST

Romans 4 | March 1, 2026 | Pastor Dave Anderson

SERMON SUMMARY

As Pastor Dave brings to light, Romans 4 teaches that faith is not about learning how to control our life for God, but rather about learning how to trust God with our life. The issue that gets in our way is control, which can exhaust us mentally, emotionally, and spiritually. Using Abraham's story, Paul reminds us that faith is learned slowly and imperfectly. It grows as we repeatedly release our grip of control and trust God in uncertainty. True faith does not deny reality but chooses dependence on God instead of self-reliance, finding rest in surrender. Trusting God is not a one-time decision but a lifelong posture that God patiently nurtures in us.

SMALL GROUP QUESTIONS

- 1 When in your life have you realized that your "sense of responsibility" was actually a need for control?
- 2 Why do you think control often feels safer than trust?
- 3 How does Abraham's story in Romans 4 help you view faith as a process rather than a moment?
- 4 What are some "backup plans" you rely on that might be keeping you from fully trusting God?
- 5 How can you practice releasing control physically, emotionally, and spiritually in your daily routine?
- 6 What is one specific area of your life where you sense God inviting you to open your hands and trust Him?