

BECOMING THE CHURCH



PAUSE: WHERE WE'VE BEEN

Psalm 1:2–3 | October 4, 2026 | K1 Teaching Team

SERMON SUMMARY

This Sunday is a pause. After five weeks of naming what the church is meant to be and what we have drifted into, the teaching team stops adding and starts listening. Pastor Jenna opens by naming something most of us feel but rarely say: we live under constant information overload, and church can start to feel like one more pile we cannot keep up with. But information doesn't automatically produce transformation. Sometimes it gets in the way, because there is never room to process and pray. Psalm 1 describes a person who meditates on God's word and becomes like a tree planted by streams of water. So instead of another challenge, Pastor Savannah leads Pastors Dave, Jenna, and Maddi through a conversation about the five weeks behind us, followed by space to reflect and pray. The goal is not to be challenged again. It is to let what God has already said sink in.

WHERE WE'VE BEEN

- **A Spirit-Dependent Church** Acts 1:4–8
Jesus told a trained, capable, committed group to wait. Nothing happens without the Spirit.
- **A Devoted Church** Acts 2:42–47
They devoted themselves to teaching, fellowship, the table, and prayer, and lived like family.
- **A Cross-Shaped Church** Mark 8:34–35
The “American gospel” says curate yourself. Jesus says deny yourself and follow me.
- **A Rested Church** Hebrews 4:9–11
Hustle is not God's design for us. We stop so that we can dwell with Him.
- **The Church as a Body** Acts 6:2–7
Ministry belongs to the whole body. We weren't made to consume, we were made to contribute.

DISCUSSION QUESTIONS

- 1 Which of the five messages has stayed with you, and which one have you quietly set aside because it felt like too much? What makes the difference between the two?
- 2 Pastor Jenna named the feeling of information overload: another sermon, another challenge, more than we can process. Has church felt that way for you lately?
- 3 Psalm 1 describes meditating on God's word rather than just hearing it. What would it take for you to chew on something instead of taking it in and moving on?
- 4 Looking back over these five weeks, has anything actually shifted in how you live, even slightly? What helped it move from information to formation?
- 5 The pastors said we will take this one step at a time, together. What is your one next step, and who here can walk with you in it?

A Note for This Week:

Sunday was a pause, not a new challenge, and this conversation should feel the same. Rather than building a to-do list, name what has been hard, listen well, and pray for one another.