

ROMANS

an invitation to the story that changes everything

SAVED FROM THE SPIRAL

Romans 8:31–39 | April 12, 2026 | Pastor Savannah White

SERMON SUMMARY

Suffering in a broken world naturally brings us to a place where we ask “why,” which often leads us spiraling into fear and instability when answers don’t come. And while God does not always provide explanations, He offers us something better: assurance that nothing can separate us from His love. Instead of being consumed by unanswered questions, we are invited to anchor ourselves in the steady, unchanging love of God.

SMALL GROUP QUESTIONS

- 1 When you encounter suffering, what questions do you tend to naturally ask?
- 2 Behind the questions we initially ask when bad things happen are deeper fears like “Have I been abandoned,” “Is God still good,” and “Does God still love me?” Which of these resonates most with you?
- 3 Paul doesn’t dismiss our questions but redirects them by asking his own in Romans 8:31–35. How do his questions feel different than the ones we instinctively ask?
- 4 The Psalms show people being honest with God without spiraling into despair. What does it look like to be both honest AND anchored in God’s love at the same time?
- 5 What are some practical ways you can “grab hold of the anchor” of God’s love when you feel yourself starting to spiral?