



## Message Discussion Questions May 19th, 2024

**SERIES:** Sermon on the Mount

**WEEK:** #5

**MESSAGE:** Fasting, Treasures and Worry

**COMMUNICATOR:** Pastor Steve Borchert

**MAIN TEXT(S):** Matthew 6:16-34

**SCRIPTURES REFERENCED:**

### QUESTIONS TO CONSIDER:

1. Do you practice fasting regularly?
2. What draws your worship away from God? Where do you send your time, talents, and resources if left on idol?
3. What causes you worry? How much or how often does worry take over your mind? What do you implement to combat worry?

### TAKE ACTION:

Find at least ONE way to take action in response to the message. Use one or more of the following or find your own way to take action.

1. Fasting challenge.
  - Newbies = one meal once a week
  - Beginners = one day a week
  - Advanced = three days once a month or a Daniel fast
  - Overachievers = Do your thing.

Here are a few ideas on focusing your prayers during fasting.

- Individual: needs, family, drawing closer to God, clarity, vision, restoration
  - Church: Leaders, servants, resources, influence
  - Community: the lost, hurting, and confused.
2. If your worry is causing you grief and stress, and you feel life is beyond what you can handle.
    - Schedule a time to talk with a Pastor.
    - Join us Thursday Nights.
    - Join a life group or Bible study.