



**Message Questions for Discussion (QFD)**  
**January 21, 2024**

**SERIES:** Jonah & God in Real Life

**SERIES WEEK:** #2

**MESSAGE:** I'm in Trouble

**COMMUNICATOR:** Pastor Ken Loss

**MAIN TEXT(S):** Jonah 2

**QUESTIONS TO CONSIDER:**

1. How bad does it have to get for you to turn to the Lord in your trouble? Is it your default response to trouble, or, like Jonah, does God have to go to great lengths to get your attention?
2. What do you love about the forgiveness you receive when you repent?
3. Where does the world look for hope? Is it hard for you to see hope when you're in trouble?
4. What can you do to make thanksgiving for God's salvation in your life more of a habit?
5. What are some of the "tools" you use to get yourself in the mode of being thankful to God? What are some of the things that keep us from being continually thankful to God for salvation?

**TAKE ACTION:**

Choosing to **act** on God's truth is what brings transformation.

Give at least ONE way you will take action in response to the message?

**NLA exists to show people the way to life in Jesus.**