

An Apple A Day
Fruit of the Spirit Part 5
The Ministry of the Holy Spirit
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WELCOME

PRAYER

SHARE

Read: Galatians 5:2-23 (NIV)

²² But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³ gentleness and self-control. Against such things there is no law.

1. Love (Agape)

- **Definition:** Unconditional, sacrificial love that seeks the highest good of others.
- **Discussion Questions:**
 - How can we show agape love in our daily interactions?

2. Joy (Chara)

- **Definition:** A deep, abiding, inner rejoicing that is not dependent on circumstances.
- **Discussion Questions:**
 - What are some ways we can cultivate joy in our lives?

3. Peace (Eirene)

- **Definition:** Inner tranquility and calmness of mind, resting in God's sovereignty.
- **Discussion Questions:**
 - In what situations do you find it challenging to maintain peace?

4. Forbearance (Patience) (Makrothumia)

- **Definition:** Long-suffering, endurance, and the ability to tolerate delays or suffering without becoming angry or upset.

- **Discussion Questions:**

- How do we practice patience with others, especially in frustrating situations?

5. Kindness (Chrestotes)

- **Definition:** Benevolence and a tender concern for others, often expressed through gentle and generous actions.
- **Discussion Questions:**
 - Share an example of a time when someone showed you kindness.

6. Goodness (Agathosune)

- **Definition:** Moral integrity and the desire to do good to others; righteousness in action.
- **Discussion Questions:**
 - How can we promote goodness in our communities?

7. Faithfulness (Pistis)

- **Definition:** Loyalty, reliability, and trustworthiness in our relationship with God and others.
- **Discussion Questions:**
 - In what ways can we strengthen our faithfulness to God?

8. Gentleness (Prautes)

- **Definition:** Meekness and humility, strength under control.
- **Discussion Questions:**
 - Why is gentleness important in our interactions with others?

9. Self-Control (Egkrateia)

- **Definition:** The ability to control one's desires and impulses, exercising discipline and restraint.
- **Discussion Questions:**
 - What areas of your life require more self-control?

Prayer Requests / Praise Reports

REMEMBER TO TAKE ATTENDANCE

CARE: Follow-up during the week