

An Apple A Day
Fruit of the Spirit Part 5
Ministry of the Holy Spirit
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Scripture: Galatians 5:22-25 (NIV)

²² But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³ gentleness and self-control. Against such things there is no law. ²⁴ Those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵ Since we live by the Spirit, let us keep in step with the Spirit.

Love (Greek: Agape)

- **Definition:** Sacrificial love that seeks the good of others.
- **Application:** Show love towards others, regardless of their actions.

Joy (Greek: Chara)

- **Definition:** Inner joy that is not dependent on circumstances.
- **Application:** Joy comes from faith in Christ.

Peace (Greek: Eirene)

- **Definition:** Inner tranquility and calmness of mind.
- **Application:** Peace comes from contentment knowing that God is in control.

Forbearance (Patience) (Greek: Makrothumia)

- **Definition:** Long-suffering, endurance, and the ability to tolerate delays.
- **Application:** Enduring difficult situations and people without complaint.

Kindness (Greek: Chrestotes)

- **Definition:** Benevolent and showing concern for others.
- **Application:** Showing compassion in our interactions with others.

Goodness (Greek: Agathosune)

- **Definition:** Moral integrity and the desire to do good to others;

- **Application:** Upholding moral and ethical standards, and actively working to promote what is right and beneficial for others.

Faithfulness (Greek: Pistis)

- **Definition:** Loyalty, reliability, and trustworthiness.
- **Application:** Trust in God and be reliable and trustworthy.

Gentleness (Greek: Prautes)

- **Definition:** Meekness and humility, strength under control.
- **Application:** Handling situations and people with a soft touch.

Self-Control (Greek: Egkrateia)

- **Definition:** The ability to control one's desires and impulses.
- **Application:** Exercising control over our thoughts, emotions, and actions.