

**Carriers While Cracked**  
**Renewing the Mind Part 6**  
**Activating Our Purpose Series**  
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**WELCOME**

**PRAYER**

**SHARE**

**Read:** Philippians 4:8-9 (ESV)

<sup>8</sup> Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. <sup>9</sup> What you have learned<sup>[e]</sup> and received and heard and seen in me—practice these things, and the God of peace will be with you.

**Introduction**

Philippians 4:8-9 represents some of Paul's final exhortations to the Philippians. These verses offer practical wisdom for Christian living and constitute an instruction to think about and imitate all that is noble, right, pure, lovely, admirable, excellent and praiseworthy.

**Discussion Questions**

1. **What is True, Noble, Right, Pure, Lovely, Admirable, Excellent, Praiseworthy:** Paul provides a robust list of values, promoting positive thinking. What do these terms mean to you personally? Can you provide examples of these in your daily life?

2. **Thinking on These Things:** Why do you think Paul stresses the importance of focusing our thoughts on such qualities? How can our thoughts affect our actions and attitudes?
3. **Paul's Example:** Paul encourages the Philippians to put into practice what they have learned, received, and heard from him. Discuss some qualities or lessons you believe they might have observed in Paul.
4. **Promise of God's Presence:** The passage ends with a promise that the God of peace will be with those who follow this teaching. How can this promise influence our motivation to follow Paul's instructions?

**Application:**

Consider ways you can apply this Scripture in your own life. How can you consciously focus your thoughts on what is true, noble, right, pure, lovely, admirable, excellent, and praiseworthy? What steps can you take to put these things into practice?

**Prayer Focus:**

Let's pray for the Holy Spirit's help to renew our minds and help us focus on these virtues. Pray for the courage to put these qualities into practice and for the peace of God to be more present in our lives.

**PRAYER REQUESTS / PRAISE REPORTS**

**CARE: Follow-up during the week**