

**Change Your Mind
Renewing the Mind Part 4
Activating Our Purpose Series**

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WELCOME

PRAYER

SHARE

Read: Philippians 4:4-8 (NKJV)

⁴ Rejoice in the Lord always. Again I will say, rejoice! ⁵ Let your gentleness be known to all men. The Lord *is* at hand. ⁶ Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; ⁷ and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. ⁸ Finally, brethren, whatever things are true, whatever things *are* noble, whatever things *are* just, whatever things *are* pure, whatever things *are* lovely, whatever things *are* of good report, if *there is* any virtue and if *there is* anything praiseworthy - meditate on these things.

Introduction

In Philippians 4:4-8, Paul instructs the Philippians on how to find joy, peace, and contentment in their lives. This passage is a powerful reminder that our thoughts have a profound impact on our lives. Let's explore how changing our minds aligns with the teachings of this scripture.

Discussion Questions

1. **Rejoice in the Lord Always:** What does it mean to "rejoice in the Lord always," and why might this be a key to changing our mindsets?

2. **Anxiety and Prayer:** Paul urges us not to be anxious but to bring everything in prayer to God. How can prayer change our mind and help us manage anxieties?
3. **Peace of God:** How does the peace of God "guard your hearts and your minds"? How have you experienced this in your own life?
4. **Focusing on the Good:** Paul provides a list of virtuous and praiseworthy things we should focus on. Why do you think this is important for a transformed mind?
5. **Practical Application:** What are practical steps we can take to align our thoughts more closely with this passage in our everyday lives?

PRAYER REQUESTS / PRAISE REPORTS

CARE: Follow-up during the week