# OMNIGROUP LESSN NOTES Life in the Spirit Part 6 Ministry of the Holy Spirit Pastor Denis Armstrong Director of Outreach



### WELCOME

### **PRAYER**

## **SHARE**

**Read:** Ephesians 5:8-21(NIV)

<sup>8</sup> For you were once darkness, but now you are light in the Lord. Live as children of light <sup>9</sup> (for the fruit of the light consists in all goodness, righteousness and truth) <sup>10</sup> and find out what pleases the Lord. <sup>11</sup> Have nothing to do with the fruitless deeds of darkness, but rather expose them. <sup>12</sup> It is shameful even to mention what the disobedient do in secret. <sup>13</sup> But everything exposed by the light becomes visible—and everything that is illuminated becomes a light. <sup>14</sup> This is why it is said: "Wake up, sleeper, rise from the dead, and Christ will shine on you." <sup>15</sup> Be very careful, then, how you live—not as unwise but as wise, <sup>16</sup> making the most of every opportunity, because the days are evil. <sup>17</sup> Therefore do not be foolish, but understand what the Lord's will is. <sup>18</sup> Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, <sup>19</sup> speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, <sup>20</sup> always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ. <sup>21</sup> Submit to one another out of reverence for Christ.

### **Discussion:**

- 1. Reflect on the "Fruit of the Light" (vv. 9-14):
  - What does it mean to live as children of light in today's context?
  - How can we expose the deeds of darkness in a loving and constructive way?

# 2. Wise Living (vv. 15-17):

- Discuss the importance of making the most of every opportunity. Can you share examples from your life where you either did or didn't make the most of an opportunity?
- How does understanding God's will influence our daily decisions and actions?

# 3. Being Filled with the Spirit (vv. 18-21):

- What does being filled with the Spirit look like in practical terms?
- Discuss the concept of submitting to one another out of reverence for Christ. What does this look like in different relationships (e.g., friendships, marriage, work)?

**Prayer Requests / Praise Reports** 

REMEMBER TO TAKE ATTENDANCE

**CARE:** Follow-up during the week