



# FACILITATORS MEETING

## SATURDAY JUNE 8TH

**9AM AT THE CATHEDRAL**

THIS MEETING IS FOR **CURRENT FACILITATORS ONLY**

**FOR MORE INFORMATION EMAIL**  
OmniGroups@cop.church



**COME JOIN THE REVOLUTION!**

# REVOLUTION

YOUTH MINISTRY

**HIGH SCHOOL & MIDDLE SCHOOL**  
EVERY SUNDAY 9AM & 11:30AM  
**WEDNESDAYS**  
6:30PM  
MEETING AT THE CHILDREN AND YOUTH COMPLEX (CYC)

Center of Praise Ministries Youth @revolcop EMAIL: YOUTH@COP.CHUCH / #REVOLCOP #COPYOUTH #JTR

# WATER BAPTISM

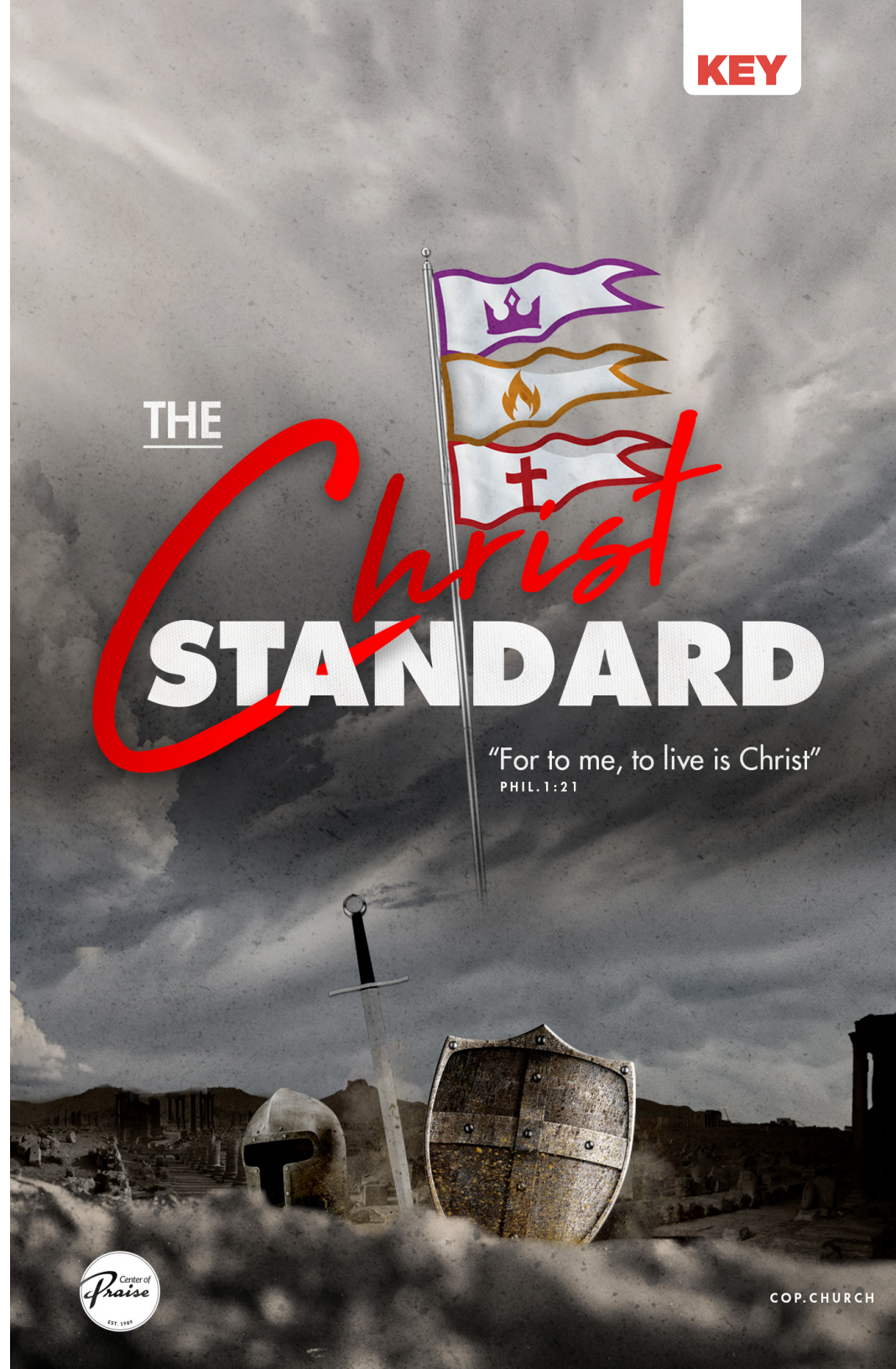
## SATURDAY JULY 27TH

5pm at the Cathedral

To sign up go to the **EVENTS PAGE @ cop.church**

-  **Celebration Times**  
Wednesday 6:30pm  
Saturday 5:00pm  
Sunday 9:00am & 11:30am
-  **The Cathedral**  
2223 Capitol Avenue  
Sacramento, CA 95816
-  **Children And Youth Complex (CYC) And Mailing Address**  
2150 Capitol Avenue  
Sacramento, CA 95816
-  **First Time Guests Text Your Full Name to:**  
**916.581.2676**  
Stop by the Connection Center in the Fellowship Hall to receive your gift
- Follow us on:**  
     
@CenterOfPraise  
cop.church
-  **WiFi Network: Copmguests**  
**WiFi Password: copmguest**

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VOLUME 1 Week 3:  
The Christ Standard  
Co-Worker  
ROMANS 8:26-39 NASB

**STANDARD:** a level of quality or attainment. An idea or thing used as a measure, norm, or model in comparative evaluations. An ensign of war; a staff with a flag or colors.

### YOU NEED HELP

Romans 8:26 says, *“In the same way the Spirit also helps our weakness; for we do not know how to pray as we should...”* The Holy Spirit transforms the usage of our bodies from the walking dead of sin, to righteousness and life in Christ. (Rom. 8:9-11). But in this process we don’t have all the **answers** or know every step to take to succeed. According to Paul, we don’t even know how to pray. But the Holy Spirit **HELPS** us. How? He *“...intercedes for us with groaning too deep for words” (Romans 8:26).*

**INTERCEDE:** intervene on behalf of another.

### HELP HAS ARRIVED

What does this really mean for us TODAY as we live out our daily lives, seeking to please and honor God, yet still falling into temptation and struggling with continual un-Christlike desires and behaviors? It means we are NOT alone and not helpless. (Rom. 8:9-10). We have an Advocate, a Helper and a **Comforter** in the Holy Spirit. The Holy Spirit, in complete unison and agreement with God the Father, *“intercedes for the saints according to the will of God” (Romans 8:26).* No one knows how to bear YOUR **cross** and carry the Christ Standard in YOUR day-to-day life like the Holy Spirit. We need His help!

### A MOST POWERFUL PARTNER

When someone (the right Someone) helps our weakness, we get **stronger**. If we submit to Him, the presence and activity of the Holy Spirit will strengthen our resolve and guide our **actions**. (Col. 3:15). The work of transformation is hard when we’re working in our own strength (weakness). But it is immeasurably easier when we submit to the help and guidance of the Holy Spirit. God does NOT condemn the believer. (Rom. 8:1, 33-39). He partners them with the most powerful Christ Standard **co-worker** we could ever have, THE HOLY SPIRIT.

### FACTORPOINTS

#### HE’S HERE - WORSHIP

Lift up praises and adoration to the Lord for loving you enough to partner you with the Holy Spirit.

#### HE KNOWS - LEARN

Read and review Romans 8. What qualifies someone being “in the Spirit”? What is the “hope” referred to in verses 24-25. Who else intercedes on our behalf with the Holy Spirit?

#### HE’S ABLE - SERVE

As you seek to serve others and uphold the Christ Standard, actively pause and give yourself an opportunity to benefit from the strength, intercession, advocacy and help of the Holy Spirit. Listen and obey.

### NOTES

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