

WELCOME

PRAYER

SHARE



Key Scripture: 1 Kings 19:1-13 (NIV)

¹Now Ahab told Jezebel everything Elijah had done and how he had killed all the prophets with the sword. ²So Jezebel sent a messenger to Elijah to say, "May the gods deal with me, be it ever so severely, if by this time tomorrow I do not make your life like that of one of them." ³Elijah was afraid and ran for his life. When he came to Beersheba in Judah, he left his servant there, ⁴while he himself went a day's journey into the wilderness. He came to a broom bush, sat down under it and prayed that he might die. "I have had enough, LORD," he said. "Take my life; I am no better than my ancestors." ⁵Then he lay down under the bush and fell asleep. All at once an angel touched him and said, "Get up and eat." ⁶He looked around, and there by his head was some bread baked over hot coals, and a jar of water. He ate and drank and then lay down again. ⁷The angel of the LORD came back a second time and touched him and said, "Get up and eat, for the journey is too much for you." ⁸So he got up and ate and drank. Strengthened by that food, he traveled forty days and forty nights until he reached Horeb, the mountain of God. ⁹There he went into a cave and spent the night. And the word of the LORD came to him: "What are you doing here, Elijah?" ¹⁰He replied, "I have been very zealous for the LORD God Almighty. The Israelites have rejected your covenant, torn down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too." ¹¹The LORD said, "Go out and stand on the mountain in the presence of the LORD, for the LORD is about to pass by." Then a great and powerful wind tore the mountains apart and shattered the rocks before the LORD, but the LORD was not in the wind. After the wind there was an earthquake, but the LORD was not in the earthquake. ¹²After the earthquake came a fire, but the LORD was not in the fire. And after the fire came a gentle whisper. ¹³When Elijah heard it, he pulled his cloak over his face and went out and stood at the mouth of the cave.

DISCUSSION

1. Enough Is Enough

1 Kings 19:1-4

- Why do you think Elijah reached a breaking point right after a great victory?

- What can we learn from Elijah's honesty in prayer?

2. When the Journey Is Too Much

1 Kings 19:5–8

- How does God's care for Elijah in this moment reveal His heart for the weary?
- Why is it important to recognize when "the journey is too much" for someone?

3. When God Speaks

1 Kings 19:9–13

- Why do you think God chose to speak to Elijah in a whisper instead of something dramatic?
- How can we learn to recognize God's voice in quiet, subtle ways?

Prayer Requests / Praise Reports

REMEMBER TO TAKE ATTENDANCE

CARE: Follow-up during the week