

The Ten Commandments are principles for living. They are meant to better our relationships with people and with God.



60% of all marriages end in divorce.

Families today are more broken and separated today than ever before.

Many people (elderly) are lonely.



Why do relationships go bad?

- Hurting each other
- Lying
- Disrespect
- Dishonor
- Hate
- Miscommunication
- Mistreatment
- Control
- Stealing
- Cheating
- Killing
- Violating
- Arguing
- Fighting
- Picking
- Yelling
- Screaming

God never created us to isolate. Isolation creates a false sense of security and it feeds into selfishness.

THE TEN
COMMANDMENTS
TO BETTER RELATIONSHIPS

PASTOR LUIS R. REYES



The Sermon on the Mount that lists out various ways of living was Jesus' way of helping us live a life of order, peace, and happiness.

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**The Sermon on the Mount is God's
constitution for righteous living.**

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Constitution Definition

- **A body of fundamental principles or established precedents.**
- **The system of beliefs and laws by which a country, state, or organization is governed.**
- **God's standards and principles by which we are to live our lives as Christians.**
- **Synonyms: Charter, Social Code, Law**



**The Sermon on the Mount is the true test to
measure spiritual development in a
person's life.**

Do we walk out these attributes?



The Sermon on the Mount was preached by Jesus for the purpose of:

- Expose sin/unrighteousness**
- Point us to Jesus as our help source**
- Demonstrate the only way to live a life of true happiness**
- To show us how to live life in relationships with family, friends, marriage, and God.**



Matthew 5:1-10 – The 8 Beatitudes

1. **Poor in spirit**
2. **Mourn**
3. **Meek**
4. **Hunger and thirst
for righteousness**
5. **Merciful**
6. **Pure in heart**
7. **Peacemakers**
8. **Persecuted**



**All 8 teach us how to walk out life, love,
happiness, godliness, and spiritual
maturity.**

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Now there are 6 ungodly attitudes or behaviors that counter the 8 Beatitudes

Matthew 5:21-48

1. Vs. 21-22 – Anger/Murder
2. Vs. 27 – Adultery/Sexual Sin
3. Vs. 32 – Disregard for the sacredness of marriage
4. Vs. 37 – False Commitments, Lying, Breaking Covenant
5. Vs. 38-40 – Pride, Self Seekers, Self-centeredness
6. Vs. 44 – Retaliation, Revenge, Unforgiveness



Did you know that all relationships are like gardens... they must be watered and de-weeded.

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**A healthy family relationship requires
about 10 positive statements to one
negative one.**

