



Always remember if you don't guard your mind (thoughts), Your mind will revert back to the unsaved/negative mind.



Unguarded thoughts and words can destroy your faith walk.



Your words contain life



Things are affected in the spirit realm by your words.



The force of faith is released by your mouth.



How to keep a good faith confession:

- 1. Know the Word of God (study)
- 2. Know the truth of the Word of God and not only the facts of your situation.
- 3. Know what to say based on the Word of God
- 4. Know what to do based on the Word of God.

