

Many people fall into the comparison trap which releases in them a cycle of:

- Jealousy
- Envy
- Negativity
- Mistrust
- Suspicion
 - Resentment
- Self-Hate



Envy

the feeling of displeasure produced by witnessing the prosperity or success of others.



Jealousy Fearful of losing what you have to another, resentful of another's success, arising from envy.



Envy Says: "I want what you have" Jealousy Says: "I don't want you to have it"



Comparison, Jealousy, and envy will open the door to the demonic realm. Pride and depression come with this.



Comparison, Jealousy, and envy is all set up by the devil to get your eyes on OTHERS and THINGS and take your eyes off of God.



It pushes you to question God and to be offended at God. You mistrust God.

"God is withholding from me, God doesn't love me as much"



We must learn to be thankful and grateful for:

Who we are
 What we are
 Where we are



5 things to help you overcome Comparison, Insecurities, Jealousy and Envy:



#1- Change your confession about yourself Proverbs 23:7



#2- Speak things about yourself inline with the word of God.
Make a list about you.
I Corinthians 13:4-8- (Start Here)



1 Corinthians 13:4-8

Love is patient Love is kind Love does not envy Love does not boast Love is not proud Love is not rude Love is not self-seeking Love is not easily angered

Love keeps no records of wrongs Love does not delight in evil Love rejoices in the truth Love protects Love always trust Love always hopes Love always perseveres Love never fails or (gives up)



#3- Focus on things you are good at and accept that.



#4- It's ok to be different Galatians 1:10- don't be a man pleaser



#5- Understand everybody has flaws

