



**SPIRITUAL
AND**

**WARFARE
PRAYER**

- **Overwhelmed**
- **Bombarded**
- **Multiple crisis**
- **Mind is heavy**
- **Body tired**
- **Spirit dull**
- **Can't pray**
- **You want to give up**

8 symptoms of a spiritual attack

1. Lack of spiritual passion

- You're stalled
- Your commitment is tested
- You can't seem to push through
- You are just going through the motions

2. Extreme Frustration

- **You're on edge**
- **Very anxious**
- **Overwhelmed**
- **Bad dreams**

3. Confused about your purpose

- **Lack spiritual direction**
- **You feel a pull out of destiny**
- **The mind is pressured**

4. Lack of peace

- **Mind racing**
- **Mind exhausted**
- **Hard to concentrate**
- **Mental fatigue**

5. You feel sluggish and tired

- **Lack energy**
- **Drained**
- **Lack sleep**
- **Health issues**

6. Strong urge to quit

- “I give up”
- “I’m unsatisfied”

7. Drawn back to old behavior

- **Bad attitudes**
- **Addictions**
- **Shame**
- **Fear**
- **Control**

8. Question God and Church leadership

- Offence
- Suspicious
- Reexamine everything
- Critical
- Back sliding

4 ways to break spiritual attack

1. Stand and stand in faith

2. Pray it through

3. Resist

4. Speak the Word