

CHURCH OF JOY'S 2018

Marriage

SEMINAR

All things New



**Thoughts produce acts
Acts produce habits
Habits produce attitudes
Attitudes produce beliefs
Beliefs produce will
Will produces character
(who you've become)**



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WOUND CYCLE

WOUNDS / HURTS

- Offended
- Unmet Expectations
- Words
- Broken Promises

DEMONIC OPPRESSION

- Stronghold

ISOLATION

- Pride
- Depression
- Hard Heart

LACK OF TRUST

- Hopeless
- Resentment
- Bitterness
- Unforgiveness

FEAR

- Abandonment
- Rejection
- Insecurity



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Characteristics of Wounding

1 - Withdrawal or Isolation

We begin to cut ourselves off from people, thinking that others are not safe and they are the source of our pain. This is a form of controlling our relationships.



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Characteristics of Wounding

#2 – Wall of Self-Protection

Guarding ourselves from further hurt. Fear of man and past wounding can cause us to lose trust in our relationship with others.



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Characteristics of Wounding

#3 – Possessiveness

Bonding to only one or two people. Feeling threatened when others try to enter relationship with the one or two. At times, this leaves the one or two with feelings of being smothered. This can lead to emotionally dependent relationships.



Characteristics of Wounding

#4 – Control and Manipulation

Deep inside we become insecure with other people. Because of past wounding, we have to be in control so our life will go better. If we can't control, then we cut off intimacy to protect ourselves.



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Characteristics of Wounding

#5 – Difficulty in Receiving Correction or Instruction

We must trust a person to receive from them. When we have been wounded, we tend to harden our hearts and refuse to submit to any authority. We can become very opinionated and demand our own way.



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Characteristics of Wounding

#6 – Difficulty in Receiving or Giving Love and Acceptance

We must feel secure with a person in order to love them, but wounding has caused them to feel insecure with most people (so they cannot receive from them). Our heart may have become so hardened by the wounding, that we choose not to express our emotions or feelings.



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Characteristics of Wounding

#7 – Need for Constant Attention or Recognition

Most of us have a deep need for praise. If not given, then we might withdraw from the relationship.



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Characteristics of Wounding

#8 – Feel Unloved

When we are not valued in our relationships, we begin to feel betrayed. We can easily become suspicious of others. This can set us up for more rejection and blame shifting.



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Characteristics of Wounding

#9 – Self-Centeredness

Life and conversation focuses more on our needs, causing a “victim mentality.”



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Characteristics of Wounding

#10 – Pattern or Broken Relationships

Fear of man causes us to become people pleasers – not saying what we feel but saying what others want to hear. Because of our distrust of others in the relationship, it hinders us from bonding in an emotionally healthy way.



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Characteristics of Wounding

#11 – Find Identity in a Group

Finding our acceptance in belonging to this group can lead to becoming trapped in the group. The drug culture, homosexuality, or rebel groups are a few examples of this. You will go where you feel you fit. We fight hard to fit in because we have learned how to follow more than lead.



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Characteristics of Wounding

#12 – Judgmental Attitudes

Out of our wounding we begin to build ourselves up by putting others down. We surround ourselves with those who agree with us.



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Characteristics of Wounding

#13 – Lack Intimacy with God

We may blame God for the wounding that has come to our lives. Thus, our feeling toward authority is transferred to God. Our relationship with God is then based on our service because we are trying to be loved more. When we don't feel we have a close sense of His presence, then our efforts become our failures and we begin to feel shame that leads to guilt that causes us to hide from His advances.



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Characteristics of Wounding

#14 – Fear and Phobias:

Wounding has led to fear of man, rejection, and feelings of being a failure. You are only a failure when you blame others for your mistakes. Anxieties and panic attacks can begin here.



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**The more I humble myself, the
greater the love can come
through me.**



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A New Pattern/Cycle

- Humble Yourself
- Seek Forgiveness
- Seek Reconciliation
- Apologize Quickly
- Confess Your Faults
- Become Weak - II Corinthians 12:9-10
- Become Vulnerable - II Corinthians 12:9-10
- Stop needing to be right
- Surrender
- Make reverse choices- Matthew 23:10-12
- Repent, Turn



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Every act of humility before God and man destroys the workings of pride.



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Scriptures on Forgiveness

God's Forgiveness and Cleansing:

I John 1:7, 2:2

“If we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.”



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Defining Forgiveness

1. To grant relief from payment
2. To pardon, to excuse offense without penalty.
3. To cease to feel resentment against the offender.
4. To cancel debt.
5. To choose not to hurt those who have hurt you.

This requires an act of faith!



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Forgiveness

What Forgiveness is Not

- It doesn't mean that we deny or ignore the offense, saying that the offense was okay or not important.
- It doesn't mean that the offender will not be held responsible for his actions.
- It doesn't mean we are required to stay in relationship with the offender.



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Forgiveness

Why Forgiveness is Necessary

- It is non-negotiable. God requires it.
- It is the principle key that paves the way to freedom in all other ministry areas.
- It breaks the negative spiritual bond between people, releasing both sides into freedom.
- The Bible tells us the consequences of not forgiving are severe.
- Humility
- Confession
- Removes the iniquity – the pressure to sin.



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Forgive

Parents

Family

Friends

Co-workers

Pastors

Leaders

People

A Person



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Two Things You Want The Offender To Do



Take Ownership

Take Responsibility

“You did this to me!”

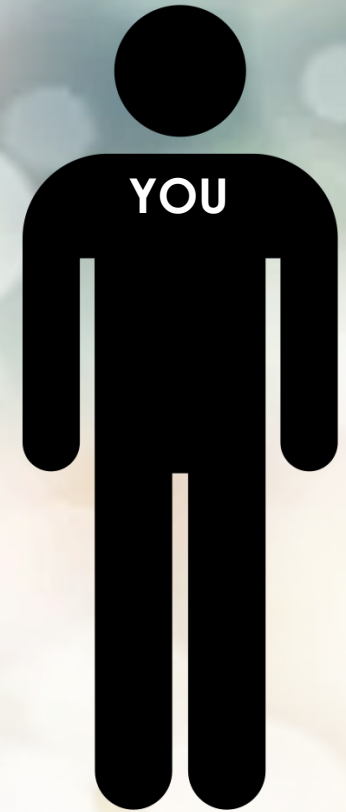
“You hurt me!”

(Acknowledge it)

“Take the blame for this!”

“Be accountable!”

(You want the person to bear a sense of guilt, hurt, pain, or remorse)



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3 Keys to Forgive

1. You must release your expectations of others
2. Release them from ownership/responsibility.
 - 1 Corinthians 13:4 “...love keeps no records of wrong doing.”
3. You must trust God in order to trust man.
 - Psalms 118:8 “It is better to trust in the Lord that to put confidence in man.”



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